



INSIGHT

The Newsletter of the Student Nurses'
Association of Pennsylvania

Please visit the SNAP Website
at www.snap-online.org

December 2025

LOOKING FORWARD TO THE NEW YEAR!



by Kieran Cook, SNAP President

Happy Holidays!

As we head into this year's holiday season, I couldn't be more excited about what's ahead for our organization. This year's convention was truly one for the history books! From the energy of the NCLEX Challenge Bowl to our insightful workshops and the meaningful conversations around every resolution, the entire week reminded us why SNAP matters so much.

More than anything, this convention showed the power of coming together

as nursing students and the impact we can make when we're united and engaged. We truly are "The Association of Tomorrow's Nursing Leader."

Under new executive leadership, the SNAP Board of Directors is feeling energized, motivated, and ready to serve all 5,000 of our members across Pennsylvania in new and meaningful ways. We're looking forward to an exciting year ahead, and we're grateful to have you with us.

Wishing you a warm, joyful holiday season and a great start to the new year!

SNAP'S CHAMPION SPONSOR



SNAP CALENDAR

DECEMBER 2025

- **Deadline** for January 2026 INSIGHT: Monday, December 22

JANUARY 2026

- SNAP Board of Directors Meeting: January 24-25
- **Deadline** for February 2026 INSIGHT: Monday, January 26

FEBRUARY 2026

- **Deadline** for March INSIGHT: Monday, February 23

MARCH 2026

- **Deadline** for April INSIGHT: Saturday, March 23
- SNAP Board of Directors Meeting, March 20
- **LEAD Workshop, March 21-22**
- **Capitol Hill: Step by Step: TBD**

APRIL 2026

- **Deadline** for May INSIGHT: Friday, April 24

MAY 2026

- **Deadline** for June INSIGHT: Monday, May 25

JUNE 2026

- SNAP Board of Directors Meeting, TBD

JULY 2026

- **Deadline** for August INSIGHT: Monday, July 27

AUGUST 2026

- **Deadline** for September INSIGHT: Monday, August 24

SEPTEMBER 2026

- **Deadline** for October INSIGHT: Monday, September 25
- SNAP Board of Directors Meeting, TBD

OCTOBER 2026

- **Deadline** for **Chapter Constituency Status** (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day):
Thursday, **October 15**

- **Deadline** for **Resolutions: 12 midnight** on Thursday, **October 15**
- **Deadline** for Abstracts for **SNAP Poster Session: 12 midnight** on Thursday, **October 15**
- **Deadline** for **Chapter/Individual Awards: 12 midnight** on Thursday, **October 15**
- **Deadline** for November INSIGHT: Monday, **October 26**
- **Deadline** for **SNAP Consent To Serve applications** (running for SNAP Board/NEC positions) **12 midnight** on Wednesday, **October 28**

NOVEMBER 2026

- **Deadline** for **SCORE Challenge Bowl** Registration: **12 midnight** on Monday, **November 2**
- **Deadline** to register for SNAP Convention: **12 midnight** on Monday, **November 2**
- **SNAP 74th ANNUAL CONVENTION AT THE KALAHARI RESORTS IN THE POCONOS: NOVEMBER 18 – 20, 2026**



SNAP LEADER SPONSOR

University of Pittsburgh School of Nursing

Empowering Nurses to Respond to Opioid Overdose: Naloxone 101

Madeline Lepore, DNP, PMHNP-BC, FIAAN

Brayden Kameg, PhD, DNP, PMHNP-BC, CARN-AP, CNE, FIAAN, FAAN

If you would like to receive the Naloxone Power Point presentation given at the SNAP Convention, please email snap@snap-online.org!

It's NOT Good-bye!

For nearly four decades, I have had the privilege of watching this organization evolve – embracing change, expanding its reach, and continually adapting to meet the needs of our members. I have seen students become leaders, mentors, educators, and innovators in nursing and beyond. Many of our past members now hold leadership roles in hospitals, academia, and policy – a true testament to the mission and impact of this association.

None of this would have been possible without the support and dedication of so many:

- To our **SNAP board members**, both former and current, thank you for your vision, collaboration, and countless volunteer hours.



- To our **faculty advisors**, your mentorship has guided and inspired generations of students.
- To our **sponsors and exhibitors**, thank you for your continued investment in the professional development of future nurses.
- And to our **student members**, you are the heart of this association — your passion, creativity, and courage continue to inspire me every day.
- Finally, to my **colleagues, mentors, and friends** throughout the years — thank you for walking beside me through the challenges and triumphs, and for reminding me, time and again, why this work matters so deeply.

As I retire from my role as Executive Director, I do so with full confidence in the future of this organization. The next generation of nurse leaders is strong, capable, and committed. I have no doubt that the SNAP will continue to grow and thrive.

Nursing is, at its core, an act of service — to patients, to communities, and to one another. It has been my greatest honor to serve this association and to witness the incredible journey of those who choose this noble profession.

Thank you for allowing me to be part of your story for these past 39 years. I leave this position with immense pride, deep gratitude, and unwavering faith in the future of nursing. But this is not good-bye . . . I hope to hear from many of you in the years to come! Feel free to contact me at tlc@tlcinstitute.com.

With appreciation and warmest regards,
Cindy Shingler

Executive Director, Student Nurses' Association of Pennsylvania

Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

The deadline to receive these items is approximately the first day of the month of publication. Send your articles to snap@snap-online.org or to me at secretarytreasurer@snap-online.org.

We look forward to hearing from you soon!

Sincerely,

Sarah Weisbeck, SNAP Secretary Treasurer



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us.

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