



## INSIGHT

The Newsletter of the Student Nurses'  
Association of Pennsylvania

Please visit the SNAP Website  
at [www.snap-online.org](http://www.snap-online.org)

# October 2025



**Have you registered yet? Applied for awards?**

**CLICK HERE!**

**SNAP CHAPTER NEWS!**

**OFF TO A GREAT  
START!**



**The Student Nurses' Association (SNA) Chapter at DeSales University** held its first member meeting of the school year on Monday, August 25, 2025. We were thrilled to welcome so many members as we kicked off an exciting new semester together. At the meeting, our **Chapter President, Mia Sacco**, introduced students to SNA and shared ways to get involved, highlighting upcoming events, volunteer opportunities, and the benefits of being part of SNAP and NSNA. In addition, our **Mentoring Director Joseph Strawa** hosted a mentoring activity, leading members through a fun scavenger hunt filled with nursing related questions around

our healthcare building. We are so grateful for the enthusiastic turnout and cannot wait to see our members continue to connect, learn, and grow throughout the year!



**Pre-Slate for SNAP Office by  
Wednesday, October 29!**

## **Will YOU Take the Challenge?**

*by Sophia Espaillat, SNAP Nominations  
& Elections Committee (NEC) Chair*

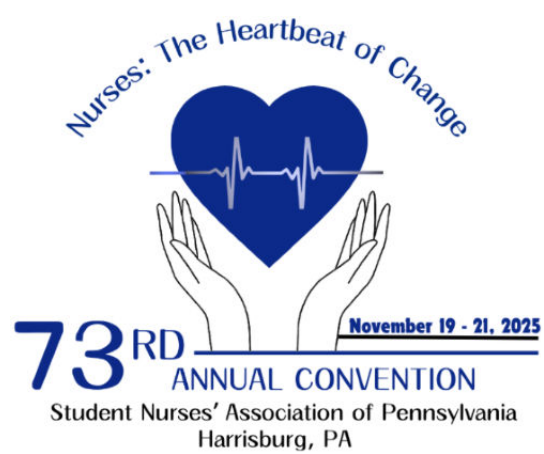
The Nominations and Elections Committee (NEC) is responsible for selecting the Slate of Candidates for 2025-2026. If you are interested in running for a position on the Board of

Directors or NEC, please visit the [NEC page](#) on the SNAP website for more information. Pre-slate for office by submitting a Consent to Serve form found on the link above by **October 29!**

In addition, the NEC held two virtual information sessions for members to ask questions and learn more about the campaigning process. **The last virtual meeting is scheduled for Monday, October 20 at 6:30 p.m. ALL MEMBERS WILL RECEIVE A SNAP TO IT THAT MORNING WITH THE ZOOM LINK!**

More information will also be on the SNAP Instagram!

# DEADLINES ARE APPROACHING!



## REGISTER/APPLY NOW!

Did you get the recent SNAP To It? It's SNAP Convention time and you won't want to miss it! Just click on the logo to go directly to the SNAP Convention page on the SNAP website. You can

- Register for Convention
- Book your room at the Harrisburg Hilton
- Download the registration brochure that has lots of info: Challenge Bowl, Awards Reception, Keynote Address and the complete Convention Schedule!
- Sign up for/to:
  - SNAP Challenge Bowl (deadline November 3)
  - Chapter Awards (deadline October 15)
  - Individual Awards (deadline October 15)
  - Submit a Poster Presentation (deadline October 15)
  - Submit a Resolution (deadline October 15)
- Submit the Consent to Serve to run for the SNAP Board of Directors! All positions are open!
- And don't forget about the exhibit hall, full of hospitals and organizations just waiting to meet you!

So DON'T DELAY! Make plans with your colleagues to attend the most exciting event of the year for SNAP members! It's a great way to begin your nursing leadership future!

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# Geisinger

## SNAP'S CHAMPION SPONSOR

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### EMPOWERING RESOLUTIONS



## GLOBAL EXPERIENCES FOR NURSING STUDENTS: EXPANDING PERSPECTIVES THROUGH STUDY ABROAD

By Nyla Wharwood, SNAP South East Regional Coordinator

The Student Nurses' Association of Pennsylvania (SNAP) recognizes the profound value of international learning through its resolution, **"Global Experiences for Nursing Students."** Study abroad opportunities help future nurses develop cultural competence, adaptability, and a broader understanding of healthcare systems around the world. These academic and personal experiences expand one's perspective on patient-centered care and the nursing profession as a whole.

*"This past summer, I studied at the University of Limerick in Ireland, where I explored differences in healthcare delivery and completed a clinical placement in a public hospital. I got to see healthcare from another lens. It made me realize that the goal of nursing is to care for others, no matter where we are in the world. It also opened my eyes to culture and how care can look different around the world depending on values and resources." — Nyla Wharwood, SNAP Southeast Regional Coordinator, Gwynedd Mercy University*

*"I studied abroad in the Dominican Republic, where a group of student nurses visited different bateys to provide medical care to these communities. This experience changed the way I see healthcare and how I will care for my patients—taking into account the importance of medication reconciliation, education, risk factors, side effects, cultural considerations, and patients' ability to follow up on their care." — Megan Le, NSNA Vice President, Villanova University*

As our world becomes increasingly interconnected, global experiences help prepare future nurses to care for diverse populations with empathy and insight. SNAP encourages its members and constituents to seek out international opportunities offered at their schools and embrace the chance to learn from healthcare systems and cultures across the globe.

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## CHAPTER DELEGATES: PROPOSED BYLAWS AMENDMENTS

At the September Board of Directors meeting of the Student Nurses' Association of Pennsylvania, President Cook presented the following Bylaw amendments, which were unanimously approved.

As a voting delegate, it is important for you to review these amendments and bring any questions you may have to SNAP House of Delegates. These amendments are proposed to strengthen the



organization through accountability, transparency and credibility and be in alignment with other non-profit organizations.

<p align="center"><b>Proposed SNAP Bylaw Amendments</b>  <i>Submitted by: SNAP 2024-2025 Board of Directors</i></p>		
CURRENT BYLAW: ARTICLE ____, SECTION ____, SUBSECTION ____	PROPOSED AMENDMENT	RATIONALE
<p>ARTICLE IV SECTION 4.C SECRETARY / TREASURER</p> <ol style="list-style-type: none"> <li>1. PREPARE THE MINUTES OF ALL BUSINESS MEETINGS OF THE ASSOCIATION AND THE BOARD OF DIRECTORS.</li> <li>2. COLLABORATE WITH STAFF TO PREPARE THE DELEGATE COUNT IN ACCORDANCE WITH THE BYLAWS.</li> <li>3. BE RESPONSIBLE FOR REVIEWING THE FINANCIAL LEDGER MONTHLY AND/OR REGULARLY WITH THE EXECUTIVE DIRECTOR.</li> <li>4. SEE THAT THE ANNUAL FINANCIAL REPORT IS PREPARED AND SUBMIT AN UP-TO-DATE FINANCIAL REPORT TO BOARD OF DIRECTORS AT MEETINGS.</li> <li>5. BE ONE OF THE DESIGNATED CHECK SIGNERS.</li> <li>6. COLLABORATE WITH STAFF ON SCHOLARSHIP, SUSTAINING AND ALUMNI MEMBERSHIP RECRUITMENT ACTIVITIES.</li> <li>7. UPDATE THE SECRETARY/TREASURER'S ORIENTATION MANUAL AS NEEDED.</li> <li>8. PERFORM ALL OTHER DUTIES AS ASSIGNED BY THE PRESIDENT OR AS USUAL TO THIS OFFICE.</li> <li>9. SERVE AS SNAP'S LIAISON TO NSNA'S IMPRINT EDITOR.</li> <li>10. SERVE AS HISTORIAN OF SNAP BY KEEPING A LOG OF THE ASSOCIATION ACTIVITIES AND EVENTS DURING THE TERM.</li> <li>11. COLLABORATE WITH OTHER SNAP BOARD MEMBERS IN MEMBERSHIP RECRUITMENT AND RETENTION ACTIVITIES.</li> <li>12. ESTABLISH AND MAINTAIN CONTACTS WITH MAJOR NURSING INTEREST GROUPS IN RECRUITING QUALIFIED INDIVIDUALS INTO</li> </ol>	<p>ARTICLE IV SECTION 4.C SECRETARY / TREASURER</p> <ol style="list-style-type: none"> <li>1. PREPARE THE MINUTES OF ALL BUSINESS MEETINGS OF THE ASSOCIATION AND THE BOARD OF DIRECTORS.</li> <li>2. COLLABORATE WITH STAFF TO PREPARE THE DELEGATE COUNT IN ACCORDANCE WITH THE BYLAWS.</li> <li>3. BE RESPONSIBLE FOR REVIEWING THE FINANCIAL LEDGER MONTHLY AND/OR REGULARLY WITH THE EXECUTIVE DIRECTOR.</li> <li>4. RECEIVE A COPY OF ALL FINANCIAL STATEMENTS GENERATED BY ANY FINANCIAL INSTITUTION WITH RESPECT TO AN ACCOUNT OWNED BY SNAP.</li> <li>5. SEE THAT THE ANNUAL FINANCIAL REPORT IS PREPARED AND SUBMIT AN UP-TO-DATE FINANCIAL REPORT TO BOARD OF DIRECTORS AT MEETINGS.</li> <li>6. BE ONE OF THE DESIGNATED CHECK SIGNERS.</li> <li>7. COLLABORATE WITH STAFF ON SCHOLARSHIP, SUSTAINING AND ALUMNI MEMBERSHIP RECRUITMENT ACTIVITIES.</li> <li>8. UPDATE THE SECRETARY/TREASURER'S ORIENTATION MANUAL AS NEEDED.</li> <li>9. PERFORM ALL OTHER DUTIES AS ASSIGNED BY THE PRESIDENT OR AS USUAL TO THIS OFFICE.</li> <li>10. SERVE AS SNAP'S LIAISON TO NSNA'S IMPRINT EDITOR.</li> <li>11. SERVE AS HISTORIAN OF SNAP BY KEEPING A LOG OF THE ASSOCIATION ACTIVITIES AND EVENTS DURING THE TERM.</li> <li>12. COLLABORATE WITH OTHER SNAP BOARD MEMBERS IN MEMBERSHIP RECRUITMENT AND RETENTION ACTIVITIES.</li> </ol>	<p>THIS CHANGE INCREASES FINANCIAL OVERSIGHT BY ENSURING THAT THE SECRETARY/TREASURER RECEIVES DIRECT, TIMELY ACCESS TO ALL FINANCIAL STATEMENTS. IT PROVIDES A SAFEGUARD FOR ACCOUNTABILITY AND TRANSPARENCY WHILE STRENGTHENING INTERNAL CHECKS ON ORGANIZATIONAL FUNDS.</p>

<p>SECRETARY/TREASURER, THE SNAP BOARD OF DIRECTORS SHALL APPOINT A NEW PRESIDENT FROM WITHIN THE BOARD OF DIRECTORS AS SOON AS POSSIBLE. THIS IS THE ONLY TIME THE BOARD OF DIRECTORS CAN FUNCTION AS A VOTING BODY WITHOUT THE PRESENCE OF THE PRESIDENT OR VICE PRESIDENT.</p>	<p>VACANT. IN THE EVENT THAT AN ELECTED OR APPOINTED BOARD MEMBER MISSES TWO MEETINGS DURING TERM OF OFFICE, THE POSITION SHALL BE DECLARED VACANT.</p> <p>G. IN THE EVENT OF THE VACANCY IN THE OFFICE OF BOTH PRESIDENT, VICE-PRESIDENT, AND SECRETARY/TREASURER, THE SNAP BOARD OF DIRECTORS SHALL APPOINT A NEW PRESIDENT FROM WITHIN THE BOARD OF DIRECTORS AS SOON AS POSSIBLE. THIS IS THE ONLY TIME THE BOARD OF DIRECTORS CAN FUNCTION AS A VOTING BODY WITHOUT THE PRESENCE OF THE PRESIDENT OR VICE PRESIDENT.</p>	
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<p>ARTICLE X SECTION 1 EXECUTIVE DIRECTOR</p>	<p>ARTICLE X SECTION 1 CHIEF EXECUTIVE OFFICER</p>	<p>THIS CHANGE ALIGNS SNAP WITH OTHER LIKE ORGANIZATIONS, INCLUDING NSNA. THE CHANGE ALSO ELEVATES THE CREDIBILITY AND EVOLVES THE EFFORTS OF SNAP TO ALLOW MORE STRATEGIC AND MISSION-BASED WORK FOR THE MEMBERSHIP.</p>
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The SNAP Board of Directors appreciates your consideration of this proposed amendment to our Bylaws. A PDF containing current SNAP Bylaws can be found at <http://www.snap-online.org/Forms/bylaws.pdf>, and NSNA Bylaws are available via the NSNA website.

The proposed amendment will be presented for debate in the House of Delegates during Annual Convention in November. Any questions before that time can be directed to Vicky Vo, Legislative Coordinator, at [legislativecoordinator@snap-online.org](mailto:legislativecoordinator@snap-online.org) or Kieran Cook, SNAP President, at [president@snap-online.org](mailto:president@snap-online.org).

Respectfully submitted by:

Kieran Cook  
SNAP President



# SNAP CALENDAR

**OCTOBER 2025**

- **Deadline** for **Chapter Constituency Status** (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day):

Wednesday, **October 15**

- **Deadline** for **Resolutions: 5 pm** on Wednesday, **October 15**
- **Deadline** for Abstracts for **SNAP Poster Session: 5 pm** on Wednesday, **October 15**
- **Deadline** for **Chapter/Individual Awards: 5 pm** on Wednesday, **October 15**
- **Deadline** for November INSIGHT: Monday, **October 20**
- **Deadline** for **SNAP Consent To Serve applications** (running for SNAP Board/NEC positions) **5 pm** on Wednesday, **October 29**

#### **NOVEMBER 2025**

- **Deadline** for **SCORE Challenge Bowl** Registration: **5 pm** on Monday, **November 3**
- **Deadline** to register for SNAP Convention: **5 pm** on Monday, **November 3**
- **SNAP 73rd ANNUAL CONVENTION AT THE HILTON HARRISBURG: NOVEMBER 19 – 21, 2025**

#### **DECEMBER 2025**

- **Deadline** for January 2026 INSIGHT: Monday, December 22

#### **JANUARY 2026**

- SNAP Board of Directors Meeting: January 24–25
- **Deadline** for February 2026 INSIGHT: Monday, January 26

#### **FEBRUARY 2026**

- **Deadline** for March INSIGHT: Monday, February 23

#### **MARCH 2026**

- **Deadline** for April INSIGHT: Saturday, March 23
- SNAP Board of Directors Meeting, March 20
- **LEAD Workshop, March 21–22**
- **Capitol Hill: Step by Step: TBD**

#### **APRIL 2026**

- **Deadline** for May INSIGHT: Friday, April 24

#### **MAY 2026**

- **Deadline** for June INSIGHT: Monday, May 25

#### **JUNE 2026**

- SNAP Board of Directors Meeting, TBD

#### **JULY 2026**

- **Deadline** for August INSIGHT: Monday, July 27

#### **AUGUST 2026**

- **Deadline** for September INSIGHT: Monday, August 24

#### **SEPTEMBER 2026**

- **Deadline** for October INSIGHT: Monday, September 25



Your health deserves a partner.

## SNAP LEADER SPONSOR

*Dear SNAP Member/Faculty Advisor:*

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

The deadline to receive these items is approximately the first day of the month of publication. Send your articles to [snap@snap-online.org](mailto:snap@snap-online.org) or to me at [secretarytreasurer@snap-online.org](mailto:secretarytreasurer@snap-online.org).

We look forward to hearing from you soon!

Sincerely,

*Lauren Fields, SNAP Secretary Treasurer*



**Student Nurses Association of  
Pennsylvania**

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