



INSIGHT

The Newsletter of the Student Nurses'
Association of Pennsylvania

Please visit the SNAP Website
at www.snap-online.org

February 2025



Springing Into a New Semester

by Nyla Wharwood, SNAP SouthEast Regional Coordinator

Hello everyone! As of now, we have all begun our spring semester. I hope that everyone is off to a good start. Whether this is your first spring semester ever or you will be walking across the stage- I am already proud of what you will accomplish this spring!

As February is Black History Month, it is important to recognize that SNAP supports advocacy and diversity. Our bylaws acknowledge that we “*promote and encourage recruitment efforts, participation in student activities, and educational opportunities regardless of person’s race, color, creed, sex, national origin, economic status, or sexual preference*”. NSNA has a **Breakthrough to Nursing** project that stands to increase the number and diversity of students choosing nursing as a career. It is a vital representation on how NSNA and SNAP care about increasing the number of students from groups who traditionally have been underrepresented in nursing along with providing culturally competent care to all our patients. Nursing is a career full of resilience and leadership. Let us challenge ourselves to continue advocating for equity in healthcare and education.

Lastly, as we spring into the new semester, make sure you register for our **Capitol Hill Step-by-Step** virtual program and our **David R. Ranck LEAD Workshop**.

To learn more about NSNA’s Breakthrough in Nursing please to go: [Breakthrough to Nursing Committee](#)

To learn more about or register for Capitol Hill Step-by-Step or LEAD workshop please go to: [Home - Student Nurses' Association of PA](#)

And lastly, feel free to reach out to me about anything: southeast@snap-online.org

David R. Ranck



March 29 - 30, 2025

David R. Ranck LEAD Workshop

The LEAD workshop is designed for emerging leaders from Pennsylvania’s

local chapters to gain leadership and development skills. Ideally, participants will be freshmen or sophomores. Each school may send up to a total of six (6) students, and registration will be on a first come – first served basis, for a maximum of 60 participants. **If you have any questions, feel free to call the SNAP office at (717)671-7110, or email the SNAP office at snap@snap-online.org**

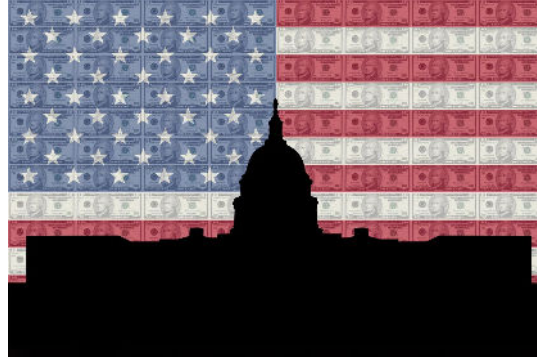
[LEAD Workshop Registration](#)

March 18, 2025

CAPITOL HILL STEP BY STEP

ALL NURSING STUDENTS INVITED!

The Student Nurses' Association of Pennsylvania (SNAP) invites you to join us **virtually on Tuesday, March 18, 2025, for our annual Capitol Hill Step-By-Step Day!** This is a day for student nurses to explore the world of legislation, the political process, and the ways in which student nurses can



influence the outcome of legislation. The event will include a series of passionate speakers who have first-hand experience with the legislative process and the nursing profession. This year's Capitol Hill Step by Step event will be conducted virtually via Zoom. The event will allow for student interaction with the guest speakers while also giving flexibility with time and travel. **The program begins at 9:00 a.m. and will conclude by 12:00 noon.** We hope you can join us for this exciting educational opportunity!

Registration: Those interested in attending must submit this Jotform registration by **5:00 p.m. on Wednesday 12, 2025.** **The Zoom link will be sent to your email address on Monday, March 17.**

[Capitol Hill Step by Step Registration](#)

Geisinger

SNAP'S CHAMPION SPONSOR



A Great Beginning for SNAP!

by Bella Li, SNAP Central Philadelphia Regional Coordinator and SNAP Communications Committee

Happy New Year, SNAP members! From January 25-26, the SNAP Board of Directors came together in Harrisburg to hold their second board meeting. It was very interactive and productive as the SNAP Board was able to pass many motions and have discussions to improve our goals and

events for the upcoming year, including **Capitol Hill: Step by Step**, the **David R. Ranck LEAD Workshop**, and our state convention in November.

SNAP's executive director and professional consultants also surprised the members with an amazing trip to the escape room. The members and professional consultants split into two teams to try to escape very different rooms: Backstage Pass and Pharaoh's Tomb, and luckily, both teams successfully made it out! This event was a great team bonding experience for the members and professional consultants!

We ended the night with a nice dinner with the board members and professional consultants! The dinner was not only delicious, but it was filled with smiles and laughter as the board was able to chat with each other and become closer!

The SNAP Board wishes everyone a happy new year and a great, new start to the semester! We are looking forward to seeing you in many of our workshops: Capitol Hill Step by Step, which will be happening virtually on March 18 and the LEAD workshop, which will be happening in Harrisburg, PA from March 29 to March 30!

START PLANNING NOW TO ATTEND!

by Megan Le, SNAP Vice President and
Convention Chair

Our **73rd Annual Convention at the Hilton Harrisburg** is right around the corner, and we want to make it the best one yet! If you have any fun workshop ideas, unique activities, or new topics you'd love to see included, I'd love to hear from you. This convention is all about bringing fresh ideas and meaningful experiences to our attendees, and your input is invaluable in making that happen.



This year's theme is "Nurses: The Heartbeat of Change."

I encourage you to think about participating in the **Challenge Bowl**, **submitting a resolution**, and **apply for awards!**

For questions about the Challenge Bowl and award applications, please contact snap@snap-online.org.

For Resolutions, please contact legislativecoordinator@snap-online.org.

Chapter Presidents: Think about hosting events and activities within your chapter, using SNAP or NSNA awards as a guide. If you need any assistance in planning an event, feel free to reach out!

Please don't hesitate to reach out and share your thoughts—I want to make sure your voice is heard and that this year's convention is engaging, exciting

and relevant to you. Looking forward to hearing your ideas!



The Association of
Tomorrow's Nursing Leaders

SNAP CALENDAR

FEBRUARY 2025

- **Deadline** for March INSIGHT: Monday, February 24

MARCH 2025

- **Deadline** for April INSIGHT: Saturday, March 24
- SNAP Board of Directors Meeting, March 28
- **LEAD Workshop, Saturday March 29 – Sunday, March 30**
- **Capitol Hill: Step by Step: March 18** (virtual event)

APRIL 2025

- **Deadline** for May INSIGHT: Thursday, April 24
- **NSNA 73rd Annual Convention in Seattle WA: April 9 – 13**

MAY 2025

- **Deadline** for June INSIGHT: Monday, May 26

JUNE 2025

- SNAP Board of Directors Meeting, May 31–June 1

JULY 2025

- **Deadline** for August INSIGHT: Monday, July 28

AUGUST 2025

- **Deadline** for September INSIGHT: Monday, August 25

SEPTEMBER 2025

- **Deadline** for October INSIGHT: Monday, September 22
- SNAP Board of Directors Meeting, September 13 – 14

OCTOBER 2025

- **Deadline** for **Chapter Constituency Status** (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day):
Wednesday, **October 15**
- **Deadline** for **Resolutions: 5 pm** on Wednesday, **October 15**
- **Deadline** for Abstracts for **SNAP Poster Session: 5 pm** on Wednesday, **October 15**

- **Deadline** for **Chapter/Individual Awards: 5 pm** on Wednesday, **October 15**
- **Deadline** for November INSIGHT: Monday, **October 20**
- **Deadline** for **SNAP Consent To Serve applications** (running for SNAP Board/NEC positions) **5 pm** on Wednesday, **October 29**

NOVEMBER 2025

- **Deadline** for **SCORE Challenge Bowl** Registration: **5 pm** on Monday, **November 3**
- **Deadline** to register for SNAP Convention: **5 pm** on Monday, **November 3**
- **SNAP 73rd ANNUAL CONVENTION AT THE HILTON HARRISBURG: NOVEMBER 19 – 21, 2025**

DECEMBER 2025

- **Deadline** for January 2026 INSIGHT: Monday, December 22



SNAP LEADER SPONSOR

**SNAP 2024 Convention
Highlights!**



Dr. Stephanie Ferguson inspired the audience with her Keynote Address! Dr. Ferguson is an internationally renowned nursing leader, having served at the World Health Organization (WHO), the Pan American Health Organization (PAHO), the International Council of Nurses (ICN), and the National Council of State Boards of Nursing (NCSBN).



Penn State UP's SNAP Chapter was recognized with the Chapter Excellence Award for Category 2 (100-200 members). Pictured L-R: Reem Hussein, Penn State Chapter president, SNAP President Lauren McCarthy, and Kieran Cook, current SNAP President



The University of Pittsburgh won the Outstanding Website Award! Pictured L-R: Astrid Yerardi and Maria Santana from the University of Pittsburgh and Lauren McCarthy, SNAP President



SNAP thanks Geisinger for being our CHAMPION Sponsor at the 2024 Convention and presented a special plaque to honor their commitment to our organization.

Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of

INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

Send your articles, pictures, calendar of events, and contact information to snap@snap-online.org. The deadline to receive these items is approximately the first day of the month of publication.

We look forward to hearing from you soon!

Sincerely,

Lauren Fields, SNAP Secretary Treasurer

Student Nurses Association of Pennsylvania

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