



INSIGHT

The Newsletter of the Student Nurses'
Association of Pennsylvania

Please visit the SNAP Website
at www.snap-online.org

September 2024



NURSES: CHAMPIONS OF PROGRESS

NOVEMBER 20 - 22, 2024 | LANCASTER, PA

CONVENTION IS COMING!

*by Maria Santana, Vice President &
Convention Chair*

Happy September, SNAP Members!



I hope that everyone's school year is off to a great start! I am excited to remind you that the **72nd Annual SNAP Convention, "Nurses: Champions of Progress"** is just two short months away! I have worked hard to craft an exciting and educational convention program for you all, and I hope to see you there!

Put your nursing knowledge to the test at the **SCORE! Challenge Bowl** on Wednesday, November 22nd! Your chapter could be the next SCORE! champion! Additionally, don't forget to apply for the several SNAP Chapter Awards and individual awards available to our members! All awards

will be presented on **Thursday, November 21st** at the **Annual Awards Reception and Celebration**. All award applications are due by **5:00 PM on Tuesday, October 15th**.

I look forward to seeing many of you in November and, in the meantime, I wish you all a successful semester! Take care of yourselves, and always remember that nursing school is tough, but you are tougher!

MAKE PLANS NOW FOR SNAP CONVENTION

The SNAP Convention, being held at the **Wyndham Lancaster Resort & Convention Center**, November 20–22, is quickly approaching! The Board is very excited about the many opportunities for you to experience this year. Many exhibitors have already signed up to attend so that they can meet you and talk about your future in nursing. We want to thank our generous sponsors: **Geisinger** – CHAMPION Sponsor; **Lehigh Valley Health Network** – LEADER Sponsor; **PA State Nurses Association** – Awards Reception Sponsor; and **UPMC Central PA** – Awards Reception Sponsor. SNAP is extremely grateful for their early support of our association! We expect other organizations to sign on as sponsors in the next months!

There are also excellent workshops being presented. On **Wednesday, November 20th**, you will want to attend the plenary session, **"Nurses ROCK: How SNAP Nurses Can Leverage Their**

Voices to Change Public Policy", being presented by **SNAP Honorary Member Kevin Schreiber** and **Sully Pinos**. When Kevin says "Nurses ROCK", he means it! Some of you may remember Kevin from our Capitol Hill Step by Step program. Kevin is a vivacious, upbeat speaker that will make the process of being politically aware and active an exciting adventure! You really don't want to miss this fun learning experience!

We are extremely proud to announce that **Stephanie Ferguson, PhD, RN, FAAN, FNAP, is our Keynote Address speaker**. Dr. Ferguson is a world renown nursing leader. Dr. Ferguson is a global health care leader who has worked in 100+ nations as a technical advisor, consultant, and facilitator for organizations including the World Health Organization (WHO), the Pan American Health Organization (PAHO), the International Council of Nurses, and the National Council of State Boards of Nursing (NCSBN). For more than 20 years at WHO's headquarters, regional offices, and PAHO, Dr. Ferguson developed strategic plans and initiatives to strengthen and evaluate health care delivery systems, human resources for health and regulations, population health outcomes, and nursing and other health professional education, leadership programs and services. At ICN, based in Geneva, Switzerland, for 10+ years, Dr. Ferguson directed the ICN Leadership for Change Program, the ICN-Burdett Global Nursing Leadership Institute, and served as an ICN Consultant for Nursing and Health Policy. Dr. Ferguson is a dynamic speaker who will inspire you as you enter your nursing career! **Dr. Ferguson's Keynote will be held on Thursday, November 21st.**

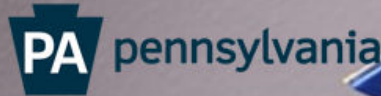
Other workshops being presented on **Thursday, November 21st and Friday, November 22nd** are:

- ***Healing the Bruises: Understanding & Addressing Work Place Violence in Healthcare***, being presented by **Latasha Kast, MSN, RN, CCRN, CNL** and **Alyssa Tygh, BSN, RN** – both past presidents of SNAP
- ***But I'm Not Going Into Psych? What ALL Nurses Should Know to be Mental Health Champions***, being presented by **Jamie Malone, DNP, RN, NP-BC** – also a former SNAP Board member
- ***Nurses Working in the Community***, being presented by **Shelley Riser, MSHA BSN, RN** – past president of SNAP
- ***A Discussion on Anorexia & Other Eating Disorders***, being presented by **Alexis Burns Kaufman, MSN, RN, CPN** – past president of SNAP
- ***Update on NP Practice Authority***, being presented by **Gerri Maurer, DNP, CRNP, MPM**
- ***Breaking the Cycle: Addressing Period Poverty, Promoting Equity, and Fostering Sustainability in Menstrual Health***, being presented by **Bobbie Monaco, MSN, CRNP-BC**

Just click on the following link to register today!

[REGISTER FOR CONVENTION HERE!](#)

Reserve your room at the Wyndham Lancaster Resort and Convention Center:



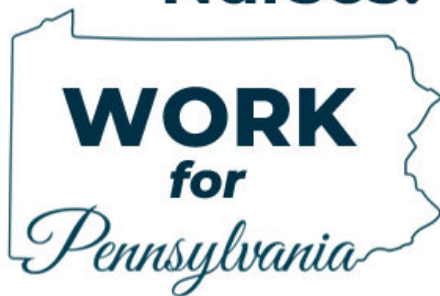
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*The Association of
Tomorrow's Nursing Leaders*

Running for the SNAP Board of Directors/Nominations & Elections Committee

The Nominations and Elections Committee (NEC) is responsible for selecting SNAP members for the Slate of Candidates for 2024-2025.

If you are interested in running for a position on the SNAP Board of Directors or Nominations and Elections Committee (NEC) for 2024-2025, please follow our page on the SNAP website: [SNAP Nominations & Elections 2024!](#) More information will be available as we get closer to the SNAP Convention 2024, being held at the Wyndham Resort and Convention Center in Lancaster, PA from November 20 – 22.

You can pre-slate for any office by submitting a Consent to Serve form that is on the link above. The deadline to pre-slate is Wednesday, October 30th. If you have any questions, feel free to contact SNAP at snap@snap-online.org

AWARD APPLICATIONS: CHAPTER AWARDS – DEADLINE 5PM OCTOBER 15

SNAP Community Health Award <https://form.jotform.com/snapboard/2024-snap-community-health-award>

SNAP Social Media Award <https://form.jotform.com/snapboard/2024-snap-social-media-award>

SNAP Newsletter Award <https://form.jotform.com/snapboard/2024-snap-newsletter-award>

SNAP Website Award <https://form.jotform.com/snapboard/2024-snap-website-award-application>

SNAP Chapter Excellence Award Application
<https://form.jotform.com/snapboard/chapter-excellence-2024>

AWARD APPLICATIONS: INDIVIDUAL MEMBER AWARDS – DEADLINE 5PM OCTOBER 15

SNAP Faculty Advisor of the Year <https://form.jotform.com/snapboard/2024-snap-adviser-of-the-year>

Dr. Rena Lawrence Memorial Award
<https://form.jotform.com/snapboard/2024-rena-lawrence-award>

Jamey Thiel Miller Legislative Award
<https://form.jotform.com/snapboard/2024-jamey-thiel-miller-award>

DON'T MISS THIS OPPORTUNITY TO HIGHLIGHT YOUR MEMBERS AND CHAPTER'S WORK! SNAP ENCOURAGES ALL MEMBERS



The Association of
Tomorrow's Nursing Leaders

SNAP CALENDAR

OCTOBER 2024

- **Deadline** for October INSIGHT: Tuesday, **October 1**
- **Deadline** for Chapter Constituency Status (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day): Tuesday, **October 15**
- **Deadline** for Resolutions: **5 pm** on Tuesday, **October 15**
- **Deadline** for Abstracts for SNAP Poster Session: **5 pm** on Tuesday, **October 15**
- **Deadline** for Chapter/Individual Awards: **5 pm** on Tuesday, **October 15**
- **Deadline** for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) **5 pm** on Wednesday, **October 30**

NOVEMBER 2024

- **Deadline** for **SCORE Challenge Bowl** Registration: **5 pm** on Monday, **November 4**
- **Deadline** to register for SNAP Convention: **5 pm** on Monday, **November 4**
- **SNAP 72nd ANNUAL CONVENTION AT THE WYNDHAM RESORT AND CONVENTION CENTER, LANCASTER: NOVEMBER 20 – 23, 2024**

DECEMBER 2024

- **Deadline** for December INSIGHT: Monday, December 2

JANUARY 2025

- **Deadline** for January INSIGHT: Thursday, January 2
- SNAP Board of Directors Meeting, January 25 – 26

FEBRUARY 2025

- **Deadline** for February INSIGHT: Saturday, February 1

MARCH 2025

- **Deadline** for March INSIGHT: Saturday, March 1
- SNAP Board of Directors Meeting, TBD
- **LEAD Workshop**, Saturday March 29 – Sunday, March 30
- Capitol Hill: Step by Step: TBD

APRIL 2025

- **Deadline** for April INSIGHT: Tuesday, April 1
- NSNA 73rd Annual Convention in Seattle WA: April 9 - 13

MAY 2025

- **Deadline** for May INSIGHT: Thursday, May 1

JUNE 2025

- **Deadline** for June INSIGHT: Monday, June 2
- SNAP Board of Directors Meeting, TBD

Geisinger

SNAP'S CHAMPION SPONSOR



Resolutions Deadline is October 15!

WRITE A RESOLUTION!

By Megan Le, SNAP Legislative Coordinator

Hello SNAP members & chapters,

I hope everyone is doing well. I hope to see you at the upcoming SNAP Convention in November.

For those who don't know, resolutions are statements in support of healthcare initiatives that becomes the basis for SNAP and NSNA policy, if passed by the House of Delegates. I encourage chapters to take part in the process. Please keep in mind that **SNAP can only accept one resolution per SNAP chapter.**

As your legislative coordinator, I would be happy to discuss any questions or concerns you may have. Also, **please feel free to contact the resolutions committee as well: Vicky Vo (972-210-6029) and Mary Ella McCarthy (724-612-7871)! My phone number is 206-371-1448, or you can email me back at LegislativeCoordinator@snap-online.org.**

I absolutely love the resolution process and would be thrilled to work with anyone interested: primary author, co-author, editor... etc. There is something for you to contribute in some capacity!

To help you along your journey of writing a resolution, I am proposing a rough timeline of forming ideas and meeting with me/resolutions committee:

LOOSE DEADLINES

- Meet with me/Resolutions Committee regarding your proposed resolution: September/October 15, 2024

HARD DEAD LINES:

- **Proposed resolutions due: 5 p.m. on October 15, 2024**
- Meet for edits with me and/or the Resolutions Committee: throughout October/early November 2024
- SNAP Annual Convention: November 20-22, 2024

If you're interested, we can start brainstorming topics together. I am also attaching the link to all of the NSNA resolutions from prior years, if interested you can browse through and see some of the amazing work fellow student nurses have done with resolutions in years past.

[Resolutions \(nsna.org\)](https://www.nsna.org)

I look forward to hearing from you all and am so excited to start this process.



Your health deserves a partner.

SNAP LEADER SPONSOR

**General Election Day is NOVEMBER
5**

NURSES HAVE POWER!



By Megan Le, SNAP Legislative Coordinator

Hi everyone! I hope you all had a great school year and are off to a fun summer. With the sun coming out, and less to no schoolwork, it is a great time to register to vote. Presidential elections are coming up in November 2024! Register now!

A resident of Pennsylvania:

<https://www.vote.pa.gov/Register-to-Vote/Pages/default.aspx>

Other states: <https://www.vote.org/>

If you have any questions, please reach out to me!



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Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

Send your articles, pictures, calendar of events, and contact information to snap@snap-online.org. The deadline to receive these items is approximately the first day of the month of publication.

We look forward to hearing from you soon!

Sincerely,

Jane Foster, SNAP Secretary Treasurer

Student Nurses Association of Pennsylvania

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