



# INSIGHT

The Newsletter of the Student Nurses'  
Association of Pennsylvania

Please visit the SNAP Website  
at [www.snap-online.org](http://www.snap-online.org)

## April 2024



### AN APRIL OVERVIEW

*by Kieran Cook, SNAP South  
Central Regional Coordinator*

Woah... what a month we have had. March has always been one of the busiest months for SNAP and this year didn't fail to disappoint.

To start the month, SNAP hosted the annual **Capitol Hill Step by Step** program led by Legislative Coordinator Megan Le. Nursing students were invited to virtually attend and learn about the political processes and how it impacts nursing. Speakers included **Tarik Khan, CRNP, PA District 194, Kevin Schreiber, President, York County Economic Alliance, Elizabeth Long, MSN, RN, former SNAP Legislative Coordinator and NSNA Vice President, and Senator Maria Collett, 12th Senatorial District**. We once again thank Megan for all of her hard work in making this program a success!

Next, SNAP hosted the 15th Annual **David R. Ranck LEAD Workshop**. We welcomed individuals from schools all throughout Pennsylvania to learn about the importance of leadership and professional organizations.



Whether it be the keynote speech from **Dr. Annmarie Papa** or one of the concurrent workshops led by **Cindy Schmus, Madeline Stadler, or Dr. Thea Burke**, freshman and sophomore nursing students were inspired to be a leader regardless of what their leadership color was. Attendees also had the opportunity to discuss leadership with two former SNAP presidents on Sunday, **Madeline Stadler and Marcus Henderson**. It was an open, candid discussion that benefitted us all!

We would once again like to thank **UPMC** for their generous donation of the facilities and food for all our attendees.

Finally moving into April, over 100 SNAP members attended the **National Student Nurses Association (NSNA) Annual Convention** in Lake Buena Vista, Florida. SNAP had the largest representation in the annual House of Delegates with 56 delegates, at which all Pennsylvania resolutions were passed! Two SNAP members were elected to serve on the **NSNA Board of Directors** in the positions of **Director East (*Andrew Kim, University of Pennsylvania*)** and **Breakthrough to Nursing (BTN) Director (*Jessica Searock, St. Luke's SON*)**. All of our nursing students had amazing opportunities to expand their education and knowledge at workshops, attend the House of Delegates meetings, listen to nursing leaders on a variety of topics, and meet fellow nursing students from all over the country.

Thank you for a great month and we look forward to seeing you all at the **72nd Annual SNAP Convention in Lancaster PA!**

**Pictured below is the 2023-2024 SNAP Board of Directors who attended NSNA Convention and Lauren McCarthy, who was awarded the NSNA Ambassador Award at the Closing Ceremony.**

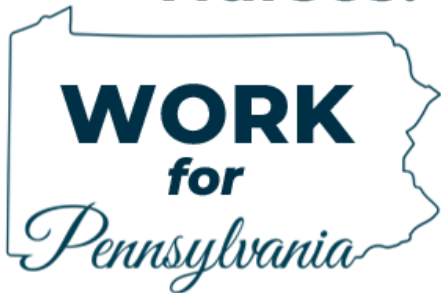




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# SNAP CALENDAR

## MAY 2024

- **Deadline** for May INSIGHT: Wednesday, May 1

## JUNE 2024

- **Deadline** for June INSIGHT: Saturday, June 1
- SNAP Board of Directors Meeting, June 8 and 9

#### SEPTEMBER 2024

- **Deadline** for September INSIGHT: Monday, September 2
- SNAP Board of Directors Meeting: Saturday, September 7

#### OCTOBER 2024

- **Deadline** for October INSIGHT: Tuesday, October 1
- **Deadline** for Chapter Constituency Status (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day): Tuesday, October 15
- **Deadline** for Resolutions: 5 pm on Tuesday, October 15
- **Deadline** for Abstracts for SNAP Poster Session: 5 pm on Tuesday, October 15
- **Deadline** for Chapter/Individual Awards: 5 pm on Tuesday, October 15
- **Deadline** for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) 5 pm on Wednesday, October 30
- **Deadline** for **SCORE Challenge Bowl** Registration: 5 pm on Monday, November 4

#### NOVEMBER 2024

- **SNAP 72nd ANNUAL CONVENTION AT THE WYNDHAM RESORT AND CONVENTION CENTER, LANCASTER: NOVEMBER 20 – 23, 2024**

#### DECEMBER 2024

- **Deadline** for December INSIGHT: Monday, December 2

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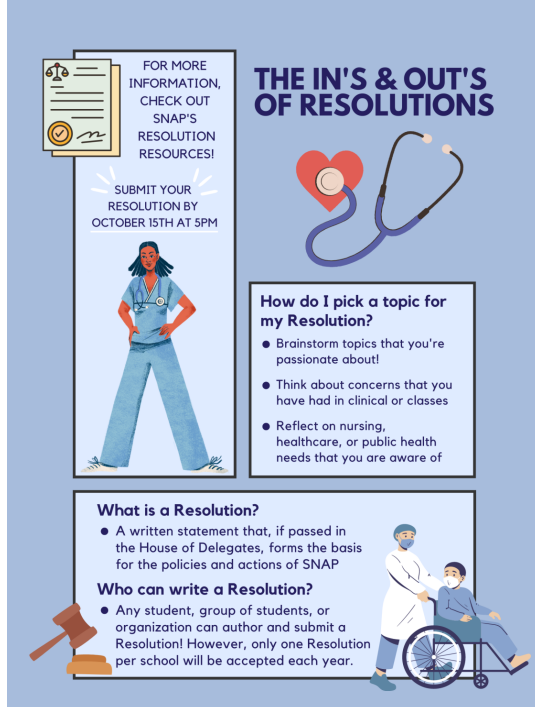
## SNAP'S CHAMPION SPONSOR

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### WRITE A RESOLUTION!

*by Megan Le, SNAP Legislative  
Coordinator*

I hope everyone is doing well. It was amazing meeting everyone at NSNA and I hope to see you again/meet you at the upcoming SNAP Convention in November. As the semester comes to a close, I want to make everyone



aware that now is the time to start thinking about writing a resolution to represent your school at the upcoming SNAP Convention in November!

For those who don't know, resolutions are statements in support of healthcare initiatives that becomes basis for SNAP and NSNA policy if passed.

As your legislative coordinator, I would be happy to discuss any questions or concerns you may have. Also, please feel free to contact the resolutions committee as well: Vicky Vo, University of Pennsylvania, at [\(972\)210-6029](tel:9722106029) and Mary Ella

McCarthy, University of Pittsburgh, at [\(724\)612-7871](tel:7246127871)! My phone number is [\(206\)371-1448](tel:2063711448), or you can email me at [LegislativeCoordinator@snap-online.org](mailto:LegislativeCoordinator@snap-online.org). I absolutely love the resolution process and would be thrilled to work with anyone interested. Primary author, co-author, editor... etc. There is something for you to contribute in some capacity!

To help you along your journey of writing a resolution, I am proposing a rough timeline of forming ideas and meeting with me/resolutions committee if wanted.

**LOOSE DEADLINES:**

- Idea finalized and basic research found: Now-Summer Time
  - Once idea is finalized, I would love to meet with you to discuss ideas before you write rough draft
- Rough draft: August 2024
- Meet for edits with me/resolutions committee: throughout September

**HARD DEADLINES:**

- Proposed resolutions due: October 15 2024
- State Convention: November 20-22 2024

If you're interested, we can start brainstorming topics together. I am also attaching the link to all of the NSNA resolutions from prior years, if interested you can browse through and see some of the amazing work fellow student nurses have done with resolutions in years past.

<https://www.nсна.org/resolutions-by-year.html>

I look forward to hearing from you all and am so excited to start this process.

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**DONATE LIFE MONTH**



# APRIL IS NATIONAL DONATE LIFE MONTH!



Donate Life is celebrated to educate and encourage people to register as organ donors and consider organ donation

## HOW YOU CAN HELP:

1. Register to be a donor at [RegisterMe.org](https://www.registerme.org)
2. Show your support! Wear blue and green during April
3. Educate yourself and others of how transplant works and reading stories of hope

## RESOURCES

[Donatelife.net](https://www.donatelife.net)  
[UNOS.org](https://www.unos.org)

# DISCUSSING ORGAN DONATION

1. Remember the goal! Help educate and motivate your peers
  2. Be yourself in the conversation through speaking of your personal perspective of how organ donation has impacted you
  3. Simple wording in explanations
  4. Say “organ donation”, avoid saying “harvest”
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**Dear SNAP Member/Faculty Advisor:**

**I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.**

**Send your articles, pictures, calendar of events, and contact information to [snap@snap-online.org](mailto:snap@snap-online.org). The deadline to receive these items is approximately the first day of the month of publication.**

**We look forward to hearing from you soon!**



**Sincerely,**

***Jane Foster, SNAP Secretary Treasurer***

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## **Student Nurses Association of Pennsylvania**

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