

INSIGHT



The Newsletter of the Student
Nurses' Association of
Pennsylvania

MEET THE 2023-2024 SNAP NOMINATIONS & ELECTIONS COMMITTEE (NEC)

NEC WEST & CHAIR

Hello! My name is Leah Stone, and I will be serving as SNAP's NEC West and NEC Chair. I am a sophomore at the University of Pittsburgh. At Pitt, I am my local SNAP chapter's Business Manager and a member of the Mental Health, Resolution, and Engage Campaign committees. I work as a Teaching Assistant and an Undergraduate Research Assistant at Pitt Nursing. I hope to go into psychiatric mental health nursing in the future. Please reach out with any questions, and I am super excited to meet everyone at SNAP Convention in the fall!

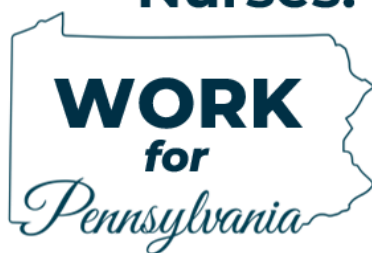




Experience the Rewards of Public Service

Explore State Government Career Opportunities with Us!

Now Hiring Nurses!



Are you getting ready to start your Nursing Career? The Commonwealth of Pennsylvania is the place for you! We are seeking nurses to fill critical roles in multiple agencies across the state. Apply today!

If you are within 60 days of graduating from a school of nursing approved by the State Board of Nursing, you are eligible to apply!



➔ VIEW OPENINGS

For more employment opportunities, visit:
employment.pa.gov

➔ FOLLOW US!

PA State Jobs
 Commonwealth of Pennsylvania



JOCELIN RAMIREZ, NEC CENTRAL

Hi, my name is Jocelin Ramirez, and I will be serving as your NEC Central Regions! I am currently a first-year nursing student at Pennsylvania State University, in a four-year program, I plan to become a Certified Registered Nurse Anesthetist in the future. I am also a current member of my own SNAP chapter at Penn state, so far as a first

year I really have enjoyed being a part of the Student Nursing Association at Penn State (SNAPS). I hope to be a great asset to the Nomination and Election committee and hope to make some new connections. I look forward to seeing hopefully new faces at the convention and be able to share leadership opportunities SNAP offers and encourage you to run for a position as well! If you have any questions, please feel free to reach out!"



SYDNI BELL, NEC EAST

Hi! My name is Sydni Bell and I am so excited to be serving as your NEC East! I am a current sophomore BSN student with a Spanish minor at Widener University. I am the current Vice President of the Widener Student Nursing Association (WUSNA) as well. At Widener, I am also on the track and field team, the undergrad representative for the DEI committee within the School of Nursing, and a University Ambassador. The field of nursing has always been so important to me and something that I have been passionate about. I hope to one day become an OR nurse and eventually go back to graduate school for my DNP! I look forward to sharing the amazing leadership opportunities that SNAP has to offer and inspiring leadership within all nursing students. I was able to attend the 70th and 71st SNAP conventions, which were both very influential for me as a student nurse. I'm so excited to meet everyone at the next convention in the fall! Please feel free to reach out with any questions you might have!



Geisinger

**A place that reflects
your values and helps
you shine brighter.**

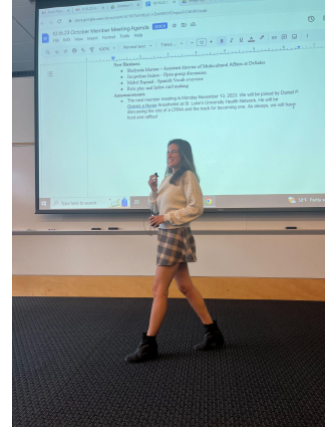
Market-leading pay rates

RN and LPN student
opportunities available!

SEARCH NURSING JOBS

DESALES UNIVERSITY STUDENT NURSES' ASSOCIATION: OCTOBER MEMBER MEETING

In October 2023, the DeSales Student Nurses' Association (DSU SNA) held a monthly meeting in collaboration with Jacqueline Istines (student nurse pictured), Shalynda Morton (Assistant Director of Multicultural Affairs), and the Association for Latinx and Ally Students (ALAS)



focusing on foreign language learning among healthcare professionals. The goal of this meeting was to highlight the importance of connecting with patients who do not speak English.

Ms. Morton introduced this topic with a brief Powerpoint on diversity, equity, and inclusion as it relates to the healthcare setting. During this, she discussed what she has learned about Latin culture, how she connects with Latinx students, why it matters to her to make these efforts, as well as strategies that she uses or challenges she faces in communicating with students or their parents who don't speak English.

Ms. Istines is a student enrolled in DeSales' ABSN program who originally had the idea of bringing this issue to light on our campus. She led an informal group discussion that touched on topics including experiences and observations in communicating with non-English speaking patients, improving the current state of foreign language knowledge in healthcare, as well as methods to overcome these barriers. During this discussion, we received a lot of participation from members across all undergraduate nursing programs at DeSales, sharing their thoughts, opinions, experiences, and hopes.

Mabel Espinal, the President of ALAS, as well as her entire E-board were also a crucial part of our member meeting. To bring the knowledge learned from the discussion, Ms. Espinal taught a quick lesson on how to communicate with patients in Spanish, as it is one of the predominant languages spoken apart from English. To facilitate this, she went over common phrases and vocabulary words often used in healthcare settings. After this, a packet with this content was provided to the audience to take home for themselves. The DSU SNA also encouraged the audience to pair up into groups to practice these phrases or write them onto index cards to be used at clinical rotations. This was a wonderful way to increase awareness about language barriers in healthcare, as well as provide an open, safe, and interactive environment for students at DeSales to be a part.

With its success, DSU SNA is hoping to make this a yearly discussion and further expand it, or maybe write a resolution on it

to present at the annual Student Nurses' of Pennsylvania (SNAP) convention.



Your health deserves a partner.

SNAP's LEADER SPONSOR!

FOR YOUR INFORMATION

FEBRUARY 2024

- **Deadline** for February INSIGHT: Thursday, February 1
- **Deadline** for NSNA Constituency Status (for delegates) February 7



*The Association of
Tomorrow's Nursing Leaders*

MARCH 2024

- **Deadline** for March INSIGHT: Friday, March 1
- **Deadline** for Capitol Hill Step by Step, March 13
- **Deadline** for LEAD Workshop, Friday March 15
- Capitol Hill Step by Step (virtual), March 19
- **LEAD Workshop** for first and second year SNAP Members, Saturday and Sunday, March 23 and 24 at UPMC Harrisburg

APRIL 2024

- **Deadline** for April INSIGHT: Monday, April 1
- **NSNA 72nd Annual Convention** in Orlando, FL April 3 - 6

MAY 2024

- **Deadline** for May INSIGHT: Wednesday, May 1

JUNE 2024

- **Deadline** for June INSIGHT: Saturday, June 1
- SNAP Board of Directors Meeting, June 8 and 9

SEPTEMBER 2024

- **Deadline** for September INSIGHT: Monday, September 2
- SNAP Board of Directors Meeting: Saturday, September 7

OCTOBER 2024

- **Deadline** for October INSIGHT: Tuesday, October 1

Deadline for Chapter Constituency Status (determines # of delegates for SNAP convention. NSNA will send list of members at the end of day): Tuesday, October 15

Deadline for Resolutions: 5 pm on Tuesday, October 15

Deadline for Abstracts for SNAP Poster Session: 5 pm on Tuesday, October 15

Deadline for Chapter/Individual Awards and Scholarships: 5 pm on Tuesday, October 15

Deadline for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) 5 pm on Wednesday, October 30

- **Deadline** for **SCORE Challenge Bowl** Registration: 5 pm on Monday, November 4

NOVEMBER 2024

- **SNAP 72nd ANNUAL CONVENTION AT THE WYNDHAM RESORT AND CONVENTION CENTER, LANCASTER: NOVEMBER 20 - 23, 2024**

DECEMBER 2024

- **Deadline** for December INSIGHT: Monday, December 2
-

SNAP Community Health:

Together we can end period poverty.

This year the SNAP Community Health Committee is focusing on Period Poverty in Pennsylvania and how we can help. Did you know in Pennsylvania, 1 in 7 women and girls between ages 12 and 44 lives below the Federal Poverty Line. In addition, 1 in 4 teens in the US has missed class due to lack of access to period supplies. Our goal for 2024 is to hold a large drive at the 72nd Annual SNAP Convention in November. Before that time comes, we encourage your schools to hold their own drives, donate to local diaper and food banks, grade schools or use them at your university. Please reach out to Faith Fannie, SNAP Community Health Chair, at southwest@snap-online.org if you would like information about hosting a drive with your chapter.

Needed items:



Pads
Tampons
Menstrual Cups
Liners
Wipes



Pain-Relief medications
Resealable plastic bags
Underwear



Geisinger

SNAP's Champion Sponsor

CAPTIOL HILL

STEP-BY-STEP AGENDA

STUDENT NURSES' ASSOCIATION OF PENNSYLVANIA ~ TUESDAY MARCH 19 2024

9:00AM-9:15AM

WELCOME & OPENING REMARKS BY LEGISLATIVE COORDINATOR

9:15am-10:00am

FORMER REPRESENTATIVE KEVIN SCHREIBER

10:00am-10:30am

REPRESENTATIVE TARIK KHAN

10:30am-10:40am

BREAK

10:40am-11:10am

PAST SNAP LEGISLATIVE COORDINATOR LIZ LONG

11:10am-11:40am

SENATOR COLLETT

11:40am-12:00pm

LEGISLATIVE COORDINATOR MEGAN LE

CLOSING REMARKS

**REGISTER
FOR
ZOOM LINK**



@SNAP-ONLINE.ORG





South Mountain Restoration Center
in Franklin County, PA is

Hiring

RNs & LPNs



The Commonwealth of PA
has immediate openings for
RNs and LPNs at the **South
Mountain Restoration Center**
in Franklin County, offering:

- 💰 competitive pay,
- ♥ exceptional benefits,
- 📅 generous paid time off,
- ⊕ and much more!



Paid for with PA taxpayer dollars

 employment.pa.gov

David R. Ranck



Calling Freshmen &

Sophomores! March 23-24, 2024

Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.



Send your articles, pictures, calendar of events, and contact information to snap@snap-online.org. The deadline to receive these items is approximately the first day of the month of publication.

We look forward to hearing from you soon!

Sincerely,

Jane Foster, SNAP Secretary Treasurer

QUESTIONS OR CONCERNS? CONTACT CINDY SHINGLER, SNAP EXECUTIVE DIRECTOR, AT (717)671-7110 OR EMAIL:

SNAP@SNAP-ONLINE.ORG

**Student Nurses Association of
Pennsylvania**

PO Box 6567, Harrisburg, PA 17111
(717)671-7110

snap@snap-online.org

 SHARE

 TWEET

 FORWARD