

# INSIGHT



The Newsletter of the Student  
Nurses' Association of  
Pennsylvania



# This Says It All! NSNA Convention Highlights

The Student Nurses' Association of Pennsylvania was well represented at the recent NSNA 71st Annual Convention in Nashville, Tennessee. On Tuesday, April 11, **John Palmer, SNAP President**, served as the **Chair of the Council of State Presidents (COSP)**. The Opening House of Delegates was on Wednesday, and SNAP had the largest delegation of all the states. The delegates counted off and tossed the traditional Hershey Kisses throughout the delegation. Four SNAP members were elected to the NSNA Board of Directors and NEC. **Kayla Honeysett**, from the University of Pittsburgh, was elected **Vice President**. **Julia Chan**, from Penn State University, was elected as the **Breakthrough To Nursing Director**. **Cody Mitchell**, from Villanova University was elected **Director East** and **Kamaria Harris**, from Lehigh Carbon Community College, was elected **NEC East and Chair**. Congratulations to each of you! You make us Pennsylvania Proud!

Another highlight was having one of our past SNAP presidents serve on a panel at the plenary session entitled, ***"Different Times . . . Different Perspectives . . . Different Partners"***. **Marcus Henderson, MSN, RN**, was representing ANA National Commission Addressing Racism in Nursing and he and the other panelists answered several thought-provoking questions regarding the need to actively collaborate with our partners across disciplines and sharing the nursing perspective. To quote Marcus, ***"As nurses, we need to communicate our value and worth. Nursing is the knowledge we possess, not the tasks that we do. We need to find ways to build our self-confidence in the lived experiences with bring to nursing. Do not let self-doubt quiet your voice. You are the expert on you and that will accelerate us into the future."*** Well said, Marcus!

To culminate SNAP's success, SNAP's current president, **John Palmer**, was selected to receive NSNA's most coveted student award, the **Isabelle Hampton Robb Leadership Award**, which is presented to a state president each year. John also placed third in the **International Photo Contest**.

SNAP also won the **2023 Empowering Resolutions Award** and the **Most Successful Statewide Convention Award**, receiving a \$100 monetary award for each of those awards.

SNAP thanks all of the members who attended the NSNA Convention and represented this organization so well! We are indeed **PENNSYLVANIA PROUD!**

**John Palmer (center front row) and state presidents who attended Tuesday's Council of State Presidents.**



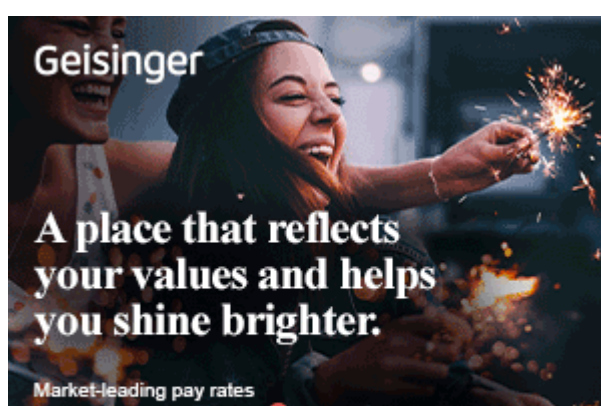
**Marcus Henderson, past SNAP president (fourth from left), was one of the guest panelists at Friday morning's Plenary Session.**



**John Palmer receiving the Isabelle Hampton Robb Leadership Award.**



**John receiving the Most Successful Statewide Convention Award.**



RN and LPN student opportunities available!

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# LEAD WORKSHOP RECAP

Hello, my name is Faith Fannie, I am the Southwest Regional Coordinator for SNAP. If you had the opportunity to attend the David R. Ranck LEAD Workshop March 25th and 26th, on behalf of the SNAP board I hope you had a wonderful time. I also hope that you left feeling just as energized and inspired as I did.

I had the opportunity to ask our speakers what the best advice they have ever received was. Take a look at what they had to share.



Cindy Rich Schmus, MSN, RN, CRNP

"Don't let school get in the way of your education." - Dr. Carol Weingarten, from Villanova

Cindy shares this advice with her students, she said, "it motivates them to get involved and stay engaged."

Annmarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN

"When you stop loving what you're doing change what you are doing."

Mija Coppola, BS, MS, MBA

"Sometimes you need to work with those who work in a different way than you. Through this experience you will learn what you should do, what you should not do and how to be your best self as a leader, student, and coworker."

During her presentation shared that Leadership is over glorified. You can't be a leader without support from your team.

Alecia Schneider Fox, PhD, RN, FNP, BC

"Becoming a leader is really about discovering yourself, it is really that simple but yet that difficult."

During her presentation she shared this quote: "Leadership is not about titles, positions, or flowcharts. It is about one life influencing another - John C. Maxwell"



Alcecia S. Fox and Faith Fannie



**MAY 6 - 12, 2023**

# FOR YOUR INFORMATION



*The Association of  
Tomorrow's Nursing Leaders*

## MAY 2023

- **Deadline** for May INSIGHT: Monday, May 1

## JUNE 2023

- **Deadline** for June INSIGHT: Thursday, June 1
- SNAP Board of Directors Meeting, June 3 and 4

## SEPTEMBER 2023

- **Deadline** for September INSIGHT: Friday, September 1
- SNAP Board of Directors Meeting: Saturday, September 9

## OCTOBER 2023

- **Deadline** for October INSIGHT: Sunday, October 1
- **Deadline** for Chapter Constituency Status (*determines # of delegates for convention. NSNA will send list of members at the end of day*): Saturday, October 15
- **Deadline** for Resolutions: 5 pm on Saturday, October 15
- **Deadline** for Abstracts for SNAP Poster Session: 5 pm on Saturday, October 15
- **Deadline** for Chapter/Individual Awards and Scholarships: 5 pm on Saturday, October 15
- **Deadline** for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) 5 pm on Wednesday, October 25
- **Deadline** for SCORE Challenge Bowl Registration: 5 pm on Monday, October 30

## NOVEMBER 2023

- **SNAP 71st ANNUAL CONVENTION AT KALAHARI RESORT AND CONVENTION CENTER: NOVEMBER 15 - 17, 2023**

## DECEMBER 2023

- **Deadline** for December INSIGHT: Friday, December 1

## JANUARY 2024

- **Deadline** for January INSIGHT: Tuesday, January 2
- SNAP Board of Directors Meeting, TBD

## FEBRUARY 2024

- **Deadline** for February INSIGHT: Thursday, February 1
- **Deadline** for NSNA Constituency Status (delegates) TBD

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# Geisinger

## SNAP's Champion Sponsor

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**Dear SNAP Member/Faculty Advisor:**

*I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.*



*Send your articles, pictures, calendar of events, and contact information to [snap@snap-online.org](mailto:snap@snap-online.org). The deadline to receive these items is approximately the first day of the month of publication.*

*We look forward to hearing from you soon!*

*Sincerely,*

**Lauren McCarthy, SNAP Secretary Treasurer**

**QUESTIONS OR CONCERNS? CONTACT CINDY SHINGLER, SNAP EXECUTIVE DIRECTOR, AT (717)671-7110 OR EMAIL:**

**[SNAP@SNAP-ONLINE.ORG](mailto:SNAP@SNAP-ONLINE.ORG)**

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