

INSIGHT

The Newsletter of the Student Nurses' Association
of Pennsylvania - January 2021



FOR YOUR INFORMATION



*The Association of
Tomorrow's Nursing Leaders*

JANUARY 2021

- **Deadline** for January INSIGHT: Monday, January 4
- SNAP Board of Directors Meeting, **January 23-24** (Mandatory virtual meeting for Board members elected in November)

FEBRUARY 2021

- **Deadline** for February INSIGHT: Monday, February 1

MARCH 2021

- **Deadline** for March INSIGHT: Monday, March 1
- **David R. Ranck Virtual LEAD Workshop**: March 20-21
- **Capitol Hill Step by Step (Virtual)**: Tuesday, March 23

APRIL 2021

- **Deadline** for April INSIGHT: Thursday, April 1

MAY 2021

- **Deadline** for May INSIGHT: Saturday, May 1

JUNE 2021

- **Deadline** for June INSIGHT: Tuesday, June 1
- SNAP Board of Directors Meeting: June 12-13

JULY 2021

- **Deadline** for July INSIGHT: Thursday, July 1

AUGUST 2021

- **Deadline** for August INSIGHT: Monday, August 2

SEPTEMBER 2021

- **Deadline** for September INSIGHT: Wednesday, September 1
- SNAP Board of Directors Meeting: September 11

OCTOBER 2021

- **Deadline** for October INSIGHT: Friday, October 1
- **Deadline** for Chapter Constituency Status (*determines # of delegates for convention. NSNA will send list of members at the end of day*): Friday, October 15
- **Deadline** for Resolutions: 5 pm on Friday, October 15
- **Deadline** for Abstracts for SNAP Poster Session: 5 pm on Friday, October 15
- **Deadline** for Chapter/Individual Awards and Scholarships: 5 pm on Friday, October 15
- **Deadline** for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) 5 pm on Wednesday, October 27
- **Deadline** to **PRE-REGISTER FOR SNAP CONVENTION** for both students and faculty, Wednesday, October 27

NOVEMBER 2021

- **SNAP 69TH ANNUAL CONVENTION**
 - Hilton Harrisburg
 - **NOVEMBER 17 - 20, 2021**

DECEMBER 2021

- **Deadline** for December INSIGHT: Wednesday, December 1
-

light on both positives and negatives, and strengthened our community as we prepare to join many others on the front-lines.

At the beginning of my nursing journey, I had no idea what these next few years would entail. Without the support and encouragement from my cohort and SNAP peers, I would not be where I am today. Serving at my local chapter, as SNAP Regional Coordinator, and now Vice President, I have met so many wonderful students whose hard work and dedication does not go unnoticed. I truly am so passionate about SNAP, passionate about nursing, and passionate about all of you. Thank you all for choosing to be nurses, powering through school, and engaging in this association. We would not be who we are today without you!

As we continue to navigate through COVID-19, it is my goal to strengthen the success, confidence, and leadership in our community. With a little more experience and knowledge gained throughout 2020, it is my hope to continue engaging with our members and finding new ways we can all be involved. I am very excited to plan our 69th Annual Convention, being held in Harrisburg in November, and cannot wait to interact with all our members until then! I hope you all have a wonderful year, good luck in school, and continue to push one step further. Feel free to reach out to vicepresident@snap-online.org at any time!



SECRETARY/TREASURER: Austin Lin

My name is Austin Lin from Philadelphia, PA and I am a senior nursing student at Villanova University, M. Louise Fitzpatrick College of Nursing graduating in May 2021. My history with SNAP is that I have served on my local chapter since freshmen year in various positions such as Athletic Liaison, Treasurer, and Freshmen Mentor. I have been to multiple state and national conventions and events as well.

The vision during my time as Secretary/Treasurer is be a resource to local chapter secretaries and treasurers to make sure they feel confident in their role. By the end of my tenure, I hope to have made steps into making a foundation for SNAP, increased scholarship amounts and recipients, and make sure the association's budget is transparent for the nursing students in the Commonwealth of Pennsylvania.

LEGISLATIVE COORDINATOR: John Palmer

John is a sophomore BSN student at the University of Pennsylvania, and he is honored to be serving on the SNAP Board this year. In addition to being the Legislative Coordinator for SNAP, he is the Vice



President of his local chapter, Student Nurses at Penn, and is the Assistant Chair of the 2020-2021 NSNA Resolutions Committee. Although he is not sure what nursing specialty he wants to pursue upon graduation, John is

interested in health policy and advocacy in nursing. He is looking forward to working with SNAP members to increase awareness of legislative issues among nursing students across Pennsylvania.

Student Nurses' Association of Pennsylvania

2020-2021 Regional Coordinators



NORTHWEST: Ashley Bleiler

Hello! My name is Ashley Bleiler, and I am a senior at the University of Pittsburgh School of Nursing. I am originally from Kutztown, PA, but I am happy to now call Pittsburgh home, and especially to be a Steelers fan this year! In my free time I enjoy reading, watching Netflix, crocheting, trying new recipes I find online, and, before the pandemic, trying new restaurants around the city. I am passionate about nursing and have found that my interests lie most heavily in cardiology and critical care, and I am looking forward to starting my career as a cardiology graduate nurse with UPMC in August.

I am so excited to be the Northwest Regional Coordinator this year, and I cannot wait to meet everyone and hear all about what all the school chapters are up to! In the meantime, have a happy and healthy winter break, and take some much-needed rest after this difficult semester!

SOUTHWEST: Taylor Vincent

My name is Taylor Vincent. I am student at Western Pennsylvania Hospital School of Nursing. This will be my second year involved in SNAP, and I am very excited to be serving on the board again this year.

Throughout this year I would like to continue connecting with schools throughout the Southwest region. Since I attend a smaller school and there are things that we have implemented to increase involvement in our local chapter. I would like to share that throughout my region. During this time, I want to place great emphasis on the benefits of being apart of SNAP and give students an outlet to network during this unpredictable time. Lastly, I am very grateful for this opportunity to serve as your Southwest Regional Coordinator once again.



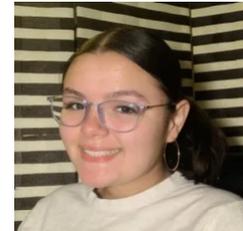
SOUTHCENTRAL: Hannah Lochan

Hannah Lochan is a sophomore nursing student at The Pennsylvania State University, University Park. She was born and raised on Long Island, New York, and has bias in thinking that their pizza and bagels are superior to any other region. She joined SNAP her freshman year and remains an active member. She is honored to be on the board serving as

the South Central Regional Coordinator. After graduating from Penn State and passing her NCLEX, Hannah hopes to specialize in pediatric oncology. Hannah knows that building relations can be hard under "normal" circumstances, but even more difficult in the socially-distance, quarantining, COVID time that we are living in. However, she views this opportunity as a beneficial one. She hopes to take advantage of Zoom meetings and the ability for multiple people to gather virtually from all different universities in the region. She looks forward to getting to know all the incoming members as well as the current ones!

SOUTHEAST: Miranda Cortes

Hello! My name is, Miranda Cortes, and I am your elected Southeast Regional Coordinator. I am very excited to have this leadership opportunity and to represent such a large portion of Pennsylvania.



I graduated from Louis E. Dieruff High School in 2019 and I currently attend Lehigh Carbon Community College. Aside from my busy study schedule, I enjoy spending time with my family, sewing, and volunteering. I am a first-year nursing student with a passion for community health and traveling. I will be graduating with my associate degree in May 2022 and I plan to continue my education following that.

I can only imagine how taxing this year has been on many of you, myself included. You have all done your best, so congratulations on making it this far! Continue to remind yourself of your strength and resilience. We will graduate and we will become nurses but, until then, take it easy on yourself!



GREATER PHILADELPHIA: Sarah Finocchiaro

Hello, my name is Sarah Finocchiaro, and I am your Greater Philadelphia Regional Coordinator and chairperson of the SNAP Membership Committee. I am currently enrolled in the Second-Degree BSN Express program at Villanova University. I have spent the last twenty years in healthcare working as a nationally certified pharmacy technician for CVS Health. During my time at Villanova, I have been an active member of my local SNAP chapter and am the current 2020-2021 BSN Express class representative. As a volunteer I have worked with *Team Latina*, *Philly Fight* and I have been on the steering committee of the Greater Philadelphia Human Rights Campaign for the last 5 years. My desire to serve the community I love drives my passion for nursing. I am excited to share my experience in healthcare, my excitement for nursing and my commitment to our field with all of you.

CENTRAL PHILADELPHIA: Charlotte

Cecarelli

Charlotte Cecarelli is a junior at University of Pennsylvania (UPenn) pursuing a major in nursing with a minor in Nutrition Science. Charlotte serves on her school chapter board as the Legislative Coordinator. Outside of nursing, Charlotte enjoys playing the flute and piccolo in the Penn Band, baking, reading, and traveling. Charlotte is looking forward to the next year and working with the other schools in the Central Philadelphia region! She is also looking forward to being a member on the Community Health Committee and working on community health topics she is passionate about.



Student Nurses' Association of Pennsylvania 2020-2021 Nominations & Elections Committee



NEC EAST: Madeline Moucheron, Chair

Madeleine is a senior nursing student at Lehigh Carbon Community College and the SNAP President at her local chapter. Her passions include her family, film/video editing, volunteering for animal shelters, and of course nursing! Madeleine has always been drawn to specialize in Labor and Delivery or Pediatric nursing. She is extremely excited to get started this year as NEC Eastern Region and Chair and as a member of the Community Health and Communications Committees. This year she aims to assist fellow nursing students in starting their leadership journey, to educate future nurses on how they can impact their community and to demonstrate how to provide quality care to all.

NEC CENTRAL: Vanessa Stenulis

Hi SNAP Members! My name is Vanessa Stenulis, and I am a senior at Penn State Hershey. In past years I have served as SNAP's Southcentral Regional Coordinator as well as SNAP's Vice President. I am honored so serve another year as Nominations and Elections Committee Central Region. This year I am excited to engage students in getting to understand the Student Nurses' Association of Pennsylvania more in depth and to help students become SNAP leaders for years to come. Feel free to reach out to me if you have any questions and have a good luck with school!





Expand your scope of practice

**BECOME A LEADER IN THE
NURSING PROFESSION**

LEARN MORE

Student Nurses and the Political Process

*by John Palmer, SNAP Legislative
Coordinator*



Nursing is the largest of the healthcare professions, so it should follow that nursing holds significant influence in political and public policy arenas. Indeed, much progress has been made towards increasing the voice of the nursing profession, with nurses being elected to the United States House of Representatives, various state legislatures, and municipal governments. Nurses have also been appointed to various high-profile roles, such as Acting Surgeon General of the United States and COVID-19 Task Force member. Yet, there is always additional room for the input of nurses, especially considering the ways healthcare in the U.S. stands to change in the coming years.

As the future of the nursing profession, it is important that we educate ourselves about and engage with policy issues. We may not be in a position as students to hold elected or appointed office in government, but we can still make use of our time in school. There are a variety of ways to pursue this, such as taking health policy electives offered at your school, authoring resolutions to be presented at SNAP and NSNA Conventions, seeking out leadership roles, and exploring the resources offered by nursing advocacy groups. The American Nurses Association has great tools on advocacy that are accessible at <https://www.nursingworld.org/practice-policy/advocacy/>. Here you can find details about both state and federal issues related to nursing, along with information about elections and what the ANA is doing to champion the needs of nurses.

Perhaps the best way to learn about the political process and how to engage in it as a student and a nurse is to hear directly from public servants and policymakers. Each March, SNAP offers an opportunity to do just this through **Capitol Hill Step by Step Day**. Although the pandemic will

prevent us from gathering at the historic State Capitol Building in Harrisburg, the event will go on virtually. If travel to Harrisburg was a barrier to you or your chapter's attendance at Capitol Hill Day in the past, hopefully the virtual nature of this year's event will allow you to take advantage of this great learning opportunity. We plan to have several speakers who can offer insight into the legislative process and the importance of having nurses pursue elected office and advocacy roles. **Capitol Hill Step by Step is scheduled for Tuesday, March 23**, so be on the lookout for registration information and an agenda in the coming weeks. I hope to see you there!

The poster features the Pennsylvania Department of Corrections logo at the top. Below it, the text reads "REGISTERED NURSE" in large blue letters, followed by "Immediate Openings Statewide" in red. A black-bordered box contains the slogan "Secure a Career – Secure Your Future". A list of 18 SCIs is provided in three columns. At the bottom, there is a call to action to apply at a website, contact information for Martha Wilson, and a link to the department's website. A small disclaimer at the very bottom states that the ad was paid for with taxpayer dollars.

REGISTERED NURSE
Immediate Openings Statewide
Secure a Career – Secure Your Future

SCIs currently seeking Registered Nurses:

<i>Albion</i>	<i>Houtzdale</i>	<i>Muncy</i>
<i>Cambridge Springs</i>	<i>Quehanna</i>	<i>Frackville</i>
<i>Mercer</i>	<i>Huntingdon</i>	<i>Mahanoy</i>
<i>Fayette</i>	<i>Smithfield</i>	<i>Dallas</i>
<i>Greene</i>	<i>Benner Township</i>	<i>Waymart</i>
<i>Forest</i>	<i>Rockview</i>	<i>Phoenix</i>
<i>Laurel Highlands</i>	<i>Camp Hill</i>	
<i>Somerset</i>	<i>Coal Township</i>	

Apply now at www.employment.pa.gov

For detailed information about our Total Rewards package or for general position inquires, contact: Martha Wilson at martwilson@pa.gov or 717.214.7436

For more information visit: www.cor.pa.gov

The Commonwealth of Pennsylvania is proud to be an equal opportunity employer supporting workplace diversity. This ad was paid for with taxpayer dollars.

Nurse Corp Scholarship Program Helps Fund Future Nurses

by Sarah Finocchiaro, SNAP Regional Coordinator

While in the process of applying to nursing school the one question that was always on the back of my mind was, how am I going to fund this



next chapter of my education? Being a second-degree student, I had already used all the government assistance and loans made available to me and I did not want to take out a personal loan. In search of scholarships and grants to help offset my costs, I came across the Health Resource and Service Administration website. Through the Bureau of Health Workforce (BHW), HRSA offers multiple scholarship, loan and loan repayment programs. I applied to the program in January 2020 and was awarded The Nurse Corps Scholarship in September 2020.

Many Americans go without necessary health care including checkups, preventive screenings, and vaccines. This happens when there aren't enough health care workers in their communities. Even with nursing schools graduating new nurses each year, there continues to be a need for nurses throughout the United States. The Nurse Corps Scholarship Program helps address these issues. This scholarship offers nursing students funding for their training in exchange for working a minimum of two years at an eligible Nurse Corps facility upon graduation. Nursing students that are accepted or enrolled in a nursing degree program at an accredited school of nursing located in the United States or U.S. territory are eligible. Eligible areas of discipline include diploma school of nursing, ADN, BSN, Graduate level Nurse Practitioner and nurse bridging programs (RN to BSN, RN to MSN-NP, Direct Entry MSN-NP). As a recipient of the Nurse Corp scholarship I have received funding for tuition, required fees, monthly stipend support and other reasonable education costs such as books, supplies and uniforms. For more information on the Nurse Corp Scholarship and other programs offered by HRSA check out their website, <https://bhw.hrsa.gov/funding/apply-scholarship/nurse-corps>.

Nursing school during a pandemic has not been easy but not having to worry about the cost of my program allows me to focus on my education and my future as a nurse.

Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

Send your articles, pictures, calendar of events, and contact information to snap@snap-online.org. The deadline to receive these items is approximately the first day of the month prior to publication.



We look forward to hearing from you soon!

Sincerely,

Austin Lin, SNAP Secretary Treasurer

**QUESTIONS OR CONCERNS? CONTACT CINDY SHINGLER, SNAP
EXECUTIVE DIRECTOR, AT (717)671-7110 OR EMAIL:**

SNAP@SNAP-ONLINE.ORG

**Student Nurses Association of
Pennsylvania**

PO Box 6567, Harrisburg, PA 17111
(717)671-7110

snap@snap-online.org

 SHARE

 TWEET

 FORWARD