



Why do more black women die during childbirth?

they aren't heard.



As nurses we need to:

- Listen to our patients when they have a concern or worry.
- Educate ourselves and recognize any bias we may have. Take steps to remove this bias from any interactions with patients.
- Advocate for standardization of quality improvement protocols in hospital settings.

Brought to you by: SNAP
Community Health Committee

by Charlotte Cecarelli, Central Philadelphia Regional Coordinator

A black woman living in the United States gives birth to a beautiful baby boy. She is moved to the postpartum unit where she begins to notice strange symptoms she wasn't expecting. Her bleeding feels more than normal, and she is experiencing nausea and confusion. She tells her nurse who says she is just recovering from labor. Less than an hour later she begins to code with a postpartum hemorrhage.

What went wrong here? The woman's nurse did not believe her concern from the beginning. This unfortunately happens all the time in the U.S. and at a significantly higher rate for black women. According to the CDC, a substantially high proportion of maternal death occurs among the black US population with the pregnancy-related mortality ratio 40.8 from the years

2007-2016. This chance of death during delivery is similar to many less developed countries. As was what happened in the case at the beginning, many nurses and doctors don't always trust black women during deliveries. In many instances, black women have gone to their providers with a concern, the concern has not been considered, and they have died. In most cases, the deaths are caused by hemorrhages or hypertensive disorders according to the CDC. What can we do as nurses to address this issue? We can help influence a standardization of protocols for quality improvement in hospitals. As individuals, we need to take the time to identify and remove our personal biases from patient interactions. Most importantly, we can listen and trust our patients when they believe something to be wrong. Nurses can make significant change. And that change starts with you.

FOR YOUR INFORMATION



*The Association of
Tomorrow's Nursing Leaders*

FEBRUARY 2021

- **Deadline** for February INSIGHT: Monday, February 1

MARCH 2021

- **Deadline** for March INSIGHT: Monday, March 1
- **David R. Ranck Virtual LEAD Workshop**: March 20-21 (**registration DEADLINE March 12**) [LEAD Workshop Registration](#)
- **Capitol Hill Step by Step (Virtual)**: Tuesday, March 23 (**registration DEADLINE March 16**) [Capitol Hill Step by Step Registration](#)

APRIL 2021

- **Deadline** for April INSIGHT: Thursday, April 1

MAY 2021

- **Deadline** for May INSIGHT: Saturday, May 1

JUNE 2021

- **Deadline** for June INSIGHT: Tuesday, June 1
- SNAP Board of Directors Meeting: June 12-13

JULY 2021

- **Deadline** for July INSIGHT: Thursday, July 1

AUGUST 2021

- **Deadline** for August INSIGHT: Monday, August 2

SEPTEMBER 2021

- **Deadline** for September INSIGHT: Wednesday, September 1
- SNAP Board of Directors Meeting: September 11

OCTOBER 2021

- **Deadline** for October INSIGHT: Friday, October 1
- **Deadline** for Chapter Constituency Status (*determines # of delegates for convention. NSNA will send list of members at the end of day*): Friday, October 15
- **Deadline** for Resolutions: 5 pm on Friday, October 15
- **Deadline** for Abstracts for SNAP Poster Session: 5 pm on Friday, October 15
- **Deadline** for Chapter/Individual Awards and Scholarships: 5 pm on Friday, October 15
- **Deadline** for SNAP Consent To Serve applications (running for SNAP Board/NEC positions) 5 pm on Wednesday, October 27
- **Deadline** to **PRE-REGISTER FOR SNAP CONVENTION** for both students and faculty, Wednesday, October 27

NOVEMBER 2021

- **SNAP 69TH ANNUAL CONVENTION**
 - Hilton Harrisburg
 - **NOVEMBER 17 - 20, 2021**

DECEMBER 2021

- **Deadline** for December INSIGHT: Wednesday, December 1

JANUARY 2022

- **Deadline** for January INSIGHT: Monday, January 3
- SNAP Board of Directors Meeting, **TBD** (Mandatory meeting for Board members elected in November)

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MSN | BS-SEM | MEd | MS-ISM | MEd | PhD | EdD | This scholarship is only valid for those applicants who submit a completed application for a Bachelor of Science in Nursing (BSN) degree program beginning in January or February 2021. It is not valid for the RN to BSN degree program through any of the College of Health Sciences or evening campus offerings. Grand Canyon University will offer you a 30% off tuition rate per course for your program. This offer cannot be combined with any other scholarships. Each of the Bachelor's nursing degree programs in nursing, the Doctor of Nursing Practice program and the post-graduate PhD certificate program at Grand Canyon University are accredited by the Commission on Collegiate Nursing Education (CCNE) (www.ccnecollege.org). Please visit our CCNE program accreditation website at www.gcu.edu/ccne for more information. Program availability is contingent on student enrollment. Grand Canyon University is not affiliated with the American Learning Council (ALC) (www.alc.org). Important policy information is available in the University Policy Handbook at <https://www.gcu.edu/academic/academic-policies.php>. The information printed in this material is accurate as of JANUARY 2021. For the most up-to-date information about admission requirements, tuition, scholarships and more, visit gcu.edu ©2021 Grand Canyon University 21-SNRE-006

AACN Recognizes Excellence and Innovation in Clinical Nurse Leader Education and Practice

SNAP is very proud of and excited for Latasha Kast, MSN, RN, past SNAP President and current SNAP Director of Program! This award is well deserved!



Published February 01, 2021

Awards Will Be Presented at Annual CNL Summit on February 25

WASHINGTON, D.C., February 1, 2021 – The **American Association of Colleges of Nursing (AACN)** and the **Commission on Nurse Certification (CNC)** are pleased to announce the latest winners of the annual Clinical Nurse LeaderSM (CNL) Awards, which recognize exceptional CNLs in academia and practice. Honorees include Latasha Kast, MSN, RN, CCRN, CNL from the UPMC Passavant, selected for the CNL Vanguard Award for exemplary practice as a CNL, and Rosemary Hoffmann, PhD, RN, CNL from the University of Pittsburgh, who will receive the CNL Educator Award. Both awards will be presented during the opening session of the virtual **CNL Summit** planned for February 25-27, 2021.

“Throughout our healthcare system, certified Clinical Nurse Leaders are serving as catalysts for change, and their efforts are helping to bridge quality gaps, lower costs, and improve patient care outcomes,” said AACN President and Chief Executive Officer Dr. Deborah Trautman. “AACN commends the groundbreaking work of Latasha Kast, Dr. Rosemary Hoffman, and all this year’s honorees for their leadership to infuse innovation and excellence into how nurses are educated and how they practice.”

The Clinical Nurse Leader is an emerging nursing role developed by AACN in collaboration with leaders from education and practice to improve the quality of patient care and better prepare nurses to thrive in today’s healthcare system in any setting. These master’s-prepared clinicians put evidence-based practice into action to ensure that patients benefit from the latest innovations in care delivery. The CNL evaluates patient outcomes, identifies risk, coordinates care, and implements quality improvement strategies.

This year’s recipient, **Latasha Kast**, provides on-boarding, education, mentorship, and leadership support to nurses in her role as an Advanced Clinical Education Specialist for Critical Care. She previously worked in progressive clinical and leadership positions within Trauma/Vascular Step-Down, Surgical Trauma ICU, and Neurovascular ICU. Additionally, she serves on the CNL Advisory Board at the University of Pittsburgh School of Nursing.

Ms. Kast was selected for this award for her commitment to nursing practice by leading and developing several quality improvement projects to improve patient outcomes, including hair-washing to reduce surgical site infections in neurosurgical patients.



Student Nurses' Association of Pennsylvania 2020-2021 Board of Directors and NEC Appointments



by Alyssa Tygh, SNAP President

Greetings! I am pleased to announce that the 2020-2021 SNAP Board of Directors and the Nominations & Elections Committee (NEC) is complete! Congratulations to Jessica Turnitza, SNAP North East Regional Coordinator, and Grace Donaghue, SNAP NEC West, for accepting these leadership positions in our organization. We look forward to working with you this year!

North East Regional Coordinator: Jessica Turnitza

Hi everyone! My name is Jess Turnitza and I am a junior nursing student at Wilkes University. I am grateful to come from a small school with vast opportunities (such as this one) and hope to deliver similar experiences with the students in this region. Aside from SNAP, I have been grateful to serve on many diverse teams-- from serving as Wilkes student organization president, writing and typing away for NSNA's Imprint magazine, and organizing my school's blood drive as the Red Cross Coordinator, I have come to cherish all the goodness that this field offers. Upon graduation, I would love to work alongside an



enthusiastic health care team as a pediatric or women's health nurse. Whether it's in the virtual world, in-person, or even somewhere down the lines sharing the same hospital halls together-- I look forward to meeting and making a difference with you all.



NEC West: Grace Donaghue

My name is Grace Donaghue, I am a senior at the University of Pittsburgh and last year I served as the Northwest Regional Coordinator. This year I serve as the NEC West Representative. I enjoy working with geriatric patients and in women's health. For my last semester of nursing school, I will be on a high-risk pregnancy floor!

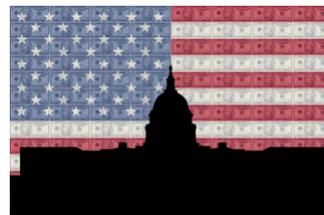
For 2021, I hope to connect with many different schools and help members pursue leadership roles. I am looking forward to another year with SNAP as it offers ways to build friendships, work on communication skills, and learn about nursing opportunities.

I am from Hershey, PA where I have spent most of my summers at Hersheypark! Outside of school and work, much of my time is spent with family, friends and my highly energetic Dalmatian named Captain. We have added more members to our house, Duke our 1-year old puppy and my two hamsters Marge and Butter!

Capitol Hill Step by Step

by John Palmer, SNAP Legislative Coordinator

The Student Nurses Association of Pennsylvania invites you to join us virtually on **Tuesday, March 23** for our annual Capitol Hill Step-By-Step Day!



This is a day for student nurses to explore the world of legislation, the political process, and the ways in which student nurses can influence the outcome of legislation. The event will include a series of passionate speakers who have firsthand experience with the legislative process and the nursing profession.

Due to the ongoing pandemic, this year's Capitol Hill Step by Step event will be conducted virtually via Zoom. Despite the different format, the event will maintain the same objectives and will still allow for student interaction with the guest speakers. The program begins at 9:00 a.m., and it will run for the duration of the morning.

I am excited to share that Senator Maria Collett, PA 12th District, will be part of our program. Her district includes portions of eastern Montgomery

County and southern Bucks County. Senator Collett is the first Greek American Pennsylvania State Senator.

She began her career as an attorney representing the interests of children victimized by abuse and neglect as a Deputy Attorney General in Camden County, New Jersey. She then transitioned to a career in nursing, where she worked at the bedside as a Level I trauma nurse, in pediatric home health and in long term care working with aging adults. Most recently, Maria worked as a nurse educator, helping other nurses understand how to administer Medicaid programs.

We hope you can join us for this exciting educational opportunity!

Register for Capitol Hill Step by Step

The poster features the Pennsylvania Department of Corrections logo at the top. Below it, the text reads "REGISTERED NURSE" in large blue letters, followed by "Immediate Openings Statewide" in red. A black-bordered box contains the slogan "Secure a Career – Secure Your Future". A list of 15 SCIs is provided in three columns. At the bottom, there is a call to action to apply at a website, contact information for Martha Wilson, and a small disclaimer at the very bottom.

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<i>Fayette</i>	<i>Smithfield</i>	<i>Dallas</i>
<i>Greene</i>	<i>Benner Township</i>	<i>Waymart</i>
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14th Annual LEAD Workshop

This workshop is designed for emerging leaders from Pennsylvania's local chapters to gain leadership and development skills. Ideally, participants will be freshmen or



sophomores, but this year it is open to all SNAP members (attendees must belong to NSNA/SNAP).

The SNAP Board of Directors is pleased to invite SNAP members to this virtual event, being held Saturday, March 20, and Sunday, March 21:

VIRTUAL LEADERSHIP WORKSHOP FOR FRESHMEN & SOPHOMORES

SATURDAY, MARCH 20

10:00am – 10:05am: **Welcome and Introductions**, *Alyssa Tygh, SNAP President*

10:05am – 10:15am: **Setting the Stage!** *David R. Ranck, MEd, RN, SNAP Professional Consultant and Cindy Schmus, MSN, RN, CRNP, SNAP Professional Consultant*

10:15am-12:00 noon: **Leading When the Tides Turn**, *AnnMarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN*

12:00pm-12:15pm: **Group Virtual Picture**

AFTERNOON SESSIONS

WORKSHOP 1: What's Your Angle?

1:15pm – 2:10pm **AnnMarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN**

WORKSHOP 2: "Content" - You already think about your patients' bio-psycho-social and spiritual health. Now let's think about yours!

2:20pm – 3:15pm **Paul Logan, PhD, CRNP**

WORKSHOP 3: Bylaws, Policies and Resolutions

3:25pm – 4:20pm **Cindy Rich Schmus, MSN, RN, CRNP**

TODAY'S ROUNDUP

4:30pm – 5:00pm: **Are You a Leader? Are You a Follower?** The title of this presentation says it all! It will delight but challenge your thinking about leading. **David R. Ranck, MEd, RN**

SUNDAY, MARCH 21

9:00-10:00am: **Incivility & Bullying in Nursing: The Good, The Bad & The Ugly** You all have probably heard the phrase, "nurses eat their young." This should NOT be an accepted cultural norm within our profession. During this presentation, we will explore the issues of incivility and bullying in nursing, discuss prevention strategies, and identify your role in improving the learning and work environment. It MUST END with you! **Marcus Henderson, MSN, RN,**

10:15am-11:30am: **PANEL DISCUSSION: Becoming a Nurse During a Pandemic** What predicts success? It's not your grades. Grades. Do. Not. Matter! What predicts success in life and career is GRIT, the ability to persevere through adversity. This panel discussion will show you how

recent graduates have persevered and begun their careers during these unusual times. You'll also learn how hospitals have anticipated your needs as new graduates and will help you transition from student to professional.

Madeline Stadler, BSN, RN, Past SNAP President, May 2019 graduate

Isaiah Washington, BSN, RN, Past SNAP Vice President, May 2020 graduate

Rachel Runatz, BSN, RN, Past President, PSU Hershey SNAP, May 2020 graduate

Bri Blackman, MSN, RN, Instructor, Penn State College of Nursing, former head of UPMC Pinnacle Nurse Residency Program

Paul Logan, PhD, CRNP, Moderator

WRAPPING IT UP!

11:45am - 12:15am: **"The Wisdom of a Third Grade Dropout"** David R. Ranck, MEd, RN, and Cindy Schmus, MSN, RN, CRNP

[Register for the LEAD Workshop](#)



A Request for Volunteers!

by Rose Schwartz, SNAP Faculty Advisor, Widener University

Volunteers are needed to understand *"What are the experiences of nursing students during rapid transition in nursing education and their learning?"*

Description: We are researching nursing students' experiences of rapid transition and disruption in nursing education and the challenges of continuing or completing your education as your school transitioned during the pandemic of COVID-19. You will be asked to complete a survey and participate in a focus group via a video conferencing platform. Your participation will take 60-90 minutes.

To Participate: You must be 18 years of age or older; an undergraduate nursing student or a recent graduate of an undergraduate program from an accredited school of nursing who was enrolled in classes during the Spring 2020 semester. Participant must have access to a computer and be willing to connect to a focus group via video conferencing. Participant must be willing to be audio and video recorded during the focus group.

Benefits and Risks: There are no direct benefits of participating but the knowledge received may be of value to the academic nursing community. As a participant you may experience some uneasiness with answering questions in a group setting and have concerns about loss of privacy.

Compensation: \$15 e-gift card upon completion of the focus group.

To Learn More: Contact the principal investigator, Rose Rossi, PhD, RN at 610-499-4210 or raschwartz@widener.edu

Dear SNAP Member/Faculty Advisor:

I encourage you to submit articles and photos pertinent to other nursing students in Pennsylvania to be included in the next issue of INSIGHT. This is your newsletter and vehicle to let others know what is happening at your school and chapter.

Send your articles, pictures, calendar of events, and contact information to snap@snap-online.org. The deadline to receive these items is approximately the first day of the month prior to publication.

We look forward to hearing from you soon!

Sincerely,

Austin Lin, SNAP Secretary Treasurer



QUESTIONS OR CONCERNS? CONTACT CINDY SHINGLER, SNAP EXECUTIVE DIRECTOR, AT (717)671-7110 OR EMAIL:

SNAP@SNAP-ONLINE.ORG

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