

INSIGHT

Winter 2018 Volume 45 **Issue 1**

My Passion for SNAP

Hello SNAP members! My name is Madeline Stadler, and I am honored and excited to be serving as your president 2017-2018. I am a junior at Villanova University, and originally from Chicago. SNAP has been a passion of mine since freshman year and has had a great influence on my undergraduate-nursing career because of the dedicated members, faculty advisors and Pennsylvania nursing leaders. My journey in SNAP began in my role as Freshman Representative on the Villanova Chapter Board. In this position, I helped encourage the freshman class to become involved with SNAP. I also served as a member of the fundraising committee and hosted a SNAP Movie Night fundraiser along with the other two Freshman Representatives. I continued my work with SNAP-Villanova as Special Projects Co-Chair where I organized the Dream for Eileen 5K raising money for scholarships in remembrance of Eileen Lupton. In addition, I have served on SNAP-Villanova's Board as Ronald McDonald House Co-Chair. In this position I led the board's Ronald McDonald House trips. I planned craft nights and breakfasts for the patients and families residing in the Philadelphia Ronald McDonald House with my fellow SNAP members. As a member of Villanova's board, I learned how a chapter works and communicates among its members, the surrounding community and the state organization

On the state level this past year; I had the honor of serving as your

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FOR YOUR INFORMATIONIN JANUARY 2018	IN AUGUST 2018 Deadline for Fall Insight
SNAP Board Meeting20-21	IN SEPTEMBER 2018 SNAP Board Meeting
IN MARCH 2018 SNAP Board Meeting	IN OCTOBER 2018
Capitol Hill Step by Step	Deadline for Convention <i>Insight</i>
IN APRIL 2018 Deadline for Spring <i>Insight</i> Articles 1 NSNA 66 th Annual Convention 4-8	Deadline for Proposed Resolutions 15 Deadline for Scholarships and Awards 15 Deadline for Consent to Serve
Gaylord Opryland Hotel—Nashville	IN NOVEMBER 2018 SNAP 66th Annual Convention
IN JUNE 2018 SNAP Board Meeting9-10	November 14-17, 2018 Harrisburg Hilton & Towers



Madeline Stadler **SNAP President**

he Newsletter of the student Nurses Association

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SNAP CHAMPION SPONSOR:

Geisinger Health

SNAP is very pleased to announce that—once again—Geisinger Health is supporting SNAP throughout the year by agreeing to be a **CHAMPION Sponsor!** We sincerely appreciate their being a partner with us to provide our membership outstanding leadership and networking opportunities. They had an amazing booth at our convention, and handed out beach towels, which came in handy at the water park at Kalahari Resorts!

SNAP thanks them for their outstanding contributions to our convention & organizational experiences, and we look forward to working with them throughout 2018!



Geisinge

ne SNAP Board APPT

Meet your Secretary Treasurer

Jenna Kessler SNAP Secretary/Treasurer



Hello SNAP members! My name is Jenna Kessler and I am proud to serve as your secretary/Treasurer. Last year, I served as your Central Philadelphia Regional Coordinator and I am excited to serve you again. While on the board I served on the finance and legislative committees. Being on these committees will help to prepare me for my duties on the board. I represented SNAP at the annual Nightingale Gala where I was able to share some of what we do on the state level. I learned a lot throughout my time on the board and am excited to bring what I learned my to new position.

I am a junior at Drexel University and I am minoring in health service administration. On my local level I was the legislative chair during the 2016-2017 year. This current year I serve as the secretary/treasurer. When I have free time I can be found exploring Philadelphia, trying new coffee flavors (because of nursing school), and spending time with my family.

For those of you who joined us at convention, I hope you had a great time and learned a lot. For those who could not make it I hope to see you next year at our 66th annual convention in Harrisburg, PA. I look forward to what this year will bring. We have the capability to change nursing as we know it. I hope to bring SNAP to new levels and accomplish a lot. Feel free to contact me if you have any questions. Best wishes for a Happy New Year!

Meet your Vice President

Meghan Scanlon SNAP Vice President

Hello, SNAP! My name is Meghan Scanlon, and I am proud to serve as your Vice President. I served on the Board last term as your Legislative Coordinator, and I am happy to continue my service to you in this new role.

Some information about me! I am a junior at Villanova University. I am from Long Island, New York. Aside from my position on the State Board, I serve as SNAP Villanova's Membership and Publicity Chair, as well as a legislative committee mentor. I also serve as a member of the NSNA Resolutions Committee. I am an avid athlete, and I love



talking about Villanova basketball, my dogs, and sketch comedy (seriously).

For those of you who were able to make it to convention this fall, I hope you had a wonderful time at Kalahari. For those of you who were unable to attend, you were greatly missed. I hope you all can join us in November as we celebrate the 66th Annual SNAP Convention in Harrisburg, PA. I look forward to working with all of you throughout the year, building a great convention and pushing our organization further than it has ever gone before. Please feel free to reach out to me at any time!

Meet your Legislative Coordinator

Katherine Hurley SNAP Legislative Coordinator



Hello SNAP! I am both excited and honored to serve as your Legislative Coordinator!

I am in my third of five years at Drexel University pursuing my nursing major with a minor in Health Services Administration. Currently, I am completing a co-op at Brigham and Women's Hospital in Boston on the Neurology/Neurosurgery ICU. I serve as Vice President on Drexel's SNAP and was the community service chair from 2015-2016. I have been a delegate at both the

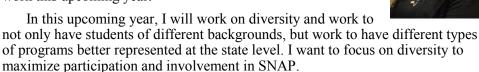
SNAP and NSNA conventions, and attended the David R. Ranck LEAD workshop. SNAP and NSNA has inspired my passion for legislation and I am excited to share that passion with all of you.

I am looking forward to working with all of you in this coming year. I want each of us to learn just a little bit more about the legislative process, and hope to see many of you at Capitol Hill Step by Step day!

Meet your North West Coordinator

Holly Storm SNAP North West Coordinator

Happy New Year, fellow SNAP Members! I am so excited to have been re-elected Northwest Regional Coordinator for this upcoming year. I am junior at Duquesne University and am the current legislative coordinator of the Duquesne University Student Nurses' Association. I have been involved in SNAP since I was a freshman and I look forward to continuing my work this upcoming year.



I will also work to continue to create opportunities for schools that aren't well represented to help their involvement in SNAP activities. I think one way to really help chapters and members become more involved in SNAP is to spread information about what SNAP is! Last year I was able to start making a video on SNAP and I hope to complete it this year.

Finally, I will work with current chapters to continue to engage their members along with facilitating collaboration among chapters. Communication between chapters and especially chapter presidents is so important, and will be my focus.

If anyone has any ideas or questions, please do not hesitate to email me and I look forward to hearing from you!



The Pennsylvania Action Coalition (PA-AC) was established in 2011 to guide the implementation of the Institute of Medicine's Future of Nursing report recommendations in PA.

The PA-AC is part of the Campaign for Action, a national initiative of the Robert Wood Johnson Foundation and AARP, coordinated by the Center to Champion Nursing in America. Visit their website at www.paactioncoalition.org for more information and to SIGN UP today!



SNAP CHAPTERS!

We need to hear from you! This is your newsletter and we would love to share your accomplishments and upcoming events with your fellow SNAP members!

So do it now! Just send any articles, pictures, calendar of events and contact information to:

snap@snap-online.org

We hope to hear from you very soon!





CAPITOL HILL: STEP BY STEP

Tuesday, March 27, 2018

State Museum of Pennsylvania 9:00 a.m. to 2:30 p.m.

Register by <u>March 16</u> at www.snap-online.org

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Meet your South West Coordinator

Cody McDonald

SNAP South West Regional Coordinator



Hello everyone! I'm very excited to serve as your South West Regional Coordinator for the organization. I'm in my freshman year of nursing school at Conemaugh School of Nursing, located in Johnstown, PA. I was able to attend my first SNAP convention this year held at Kalahari Resort. I found the convention to be extremely informative and motivating. I'm looking forward to the opportunity to serve alongside the rest of the SNAP Board

members to improve and continue the future success of SNAP.

As the first Conemaugh School of Nursing student to have ever held a position on the SNAP board of Directors, I'm eager to encourage the growth of SNAP awareness.

Meet your South Central Coordinator

Sarah Groves

SNAP South Central Regional Coordinator

Hello SNAP members! I am so excited to be elected as your South Central Regional Coordinator this upcoming year. I am a sophomore at West Chester University. I have been very involved with SNAP since my freshmen year and look forward to working with the schools in my region this year. I attended my first SNAP convention this past November and was so inspired to become a leader within this great organization. I am honored to have been elected to the board and cannot wait to have a role in the many opportunities SNAP has to offer to all members.



This year, I plan to collaborate with each chapter in my region to help everyone make the most of SNAP. I hope to improve communication between nursing schools whether it is for networking, social events, community outreach, nursing workshops, or any other reasons. Sharing ideas through facilitating communication between schools will improve SNAP within our region as well as our state. I am also aiming to increase member involvement within each nursing school.

Although I am only a sophomore, SNAP has given me countless opportunities that enhance my experience as a nursing student and I am thrilled to help other members experience the same. Please feel free to contact me with any questions, concerns or interests and I look forward to working with you all. Have a great a semester!

Meet your North East Coordinator

Gabriel Velez

SNAP North East Regional Coordinator

Hello everyone! I am a junior at Wilkes University and became involved with SNAP in my sophomore year when I was elected treasurer of the Wilkes chapter. I attended the LEAD workshop and the State convention, which motivated and inspired me to become even more involved with SNAP and ultimately led me to run for Northeast Regional Coordinator.

I am very passionate about cultural awareness and diversity initiatives and hope to incorporate that into my work with SNAP. I am honored to have been elected and am very excited to work with the local chapters in my region to help provide support and ultimately see each chapter grow. I hope to strengthen communication between the chapters and share the amazing opportunities SNAP has to offer. For those attending the LEAD workshop in March, I look forward to seeing you all!

Meet your South East Coordinator

Megan McGonagle SNAP South East Regional Coordinator



Hello fellow SNAP members! I welcome you back to a happy, healthy, and successful new year. I am honored to serve as your South East Regional Coordinator. I am a senior at Lehigh Carbon Community College and the current Vice President of our local chapter. I want to extend my gratitude to the House of Delegates for electing me to this position. I look forward to working with the chapters in my region and all SNAP members to promote participation in lifelong nursing education, encourage leadership

potential, and cultivate a sense of camaraderie and community service.

Last year, I coordinated and attended both the Lehigh Valley Heart Walk as well as the Out of the Darkness Suicide Awareness Walk. I believe these community events are a terrific way to connect with and show support for our families, friends, neighbors, and our fellow people. This year, I plan to organize and promote the local Autism Speaks Walk on April 28th in Bethlehem. I will be reaching out to the chapters in my region to join me in showing our support for this important cause. This February, during Heart Month, I have arranged to have the American Heart Association speak at LCCC to give heart healthy tips, smart eating strategies, and provide evidenced based guidelines to practice and improve healthy living. For those in our region, I hope you can attend.

I am motivated to support my chapters, encourage leadership within chapters, as well as, inspire others to attain leadership roles at their state and/or national level. As nurse leaders, it is our duty to improve nursing practices and health

South East Coordinator's report continued on Page 9

President's report continued from Page 1

Secretary/Treasurer. I had the privilege to chair the Finance Committee where I was able to gain a better perspective on the organization's finances and worked with my committee to develop new fundraising opportunities with the SNAP stickers. I also served on the Executive Committee, which has also prepared me to lead this organization by gaining perspective of the behind the scenes work of SNAP. In addition to my work on the state and local levels. I have been involved on the national level. I have attended NSNA Conventions, served as a member of the 2017 FNSNA National Scholarship Selection Committee and prior to SNAP Convention in November, I attended the NSNA Mid-Year Conference, where I represented the state of Pennsylvania at the Council of State Presidents (COSP). This allowed me to learn about current issues,

experience how states work together, and strategies to continue a successful state association.

SNAP is a well-organized state with a tradition of excellence. We are diverse, inclusive and together have an impact on the local, state and national levels. As your president, I want to ensure SNAP continues its legacy of excellence and cultivating future nurse leaders. I hope to develop a field visit program, grow the Council of School Presidents and enhance our social media presence. These objectives will allow our members to better connect and engage with the Board of Directors. I look forward to collaborating with all of you on these exciting new projects. I wish you all a very successful year within your local chapters and I look forward to seeing you all at the SNAP and NSNA events! Please do not hesitate to reach out if you ever have any questions!

Meet your Greater Philadelphia Coordinator

Isaiah Washington

Greater Philadelphia Regional Coordinator



In terms of the future events, I don't want to give away too much right now; but, I will say that the "main event" for my region will be a Disaster Nursing Preparedness session. Believe it or not, Widener University has already started to prepare for this! We have a wonderful speaker who is also a Professor at Widener to help coordinate this event. Together, we plan to create an outline that will make this event very interactive, yet still informative, for every student who attends. Another goal that we have is to ensure that our community benefits from this as well. We want to be able to promote this

topic in the city of Chester and in the surrounding areas as much as we can because being disaster prepared is becoming more prevalent in society today.

I am looking forward to a year of success and opportunity, not only for the Greater Philadelphia Region, but for the entire SNAP Organization as well. I, along with the rest of the SNAP Board, will continue to do our best to serve you and build on the great history that has already been established. Great things are coming, and we want you all to be a part of it!

Neet the SNAP Board

Meet your Central Philadelphia Coordinator

Sarah Zakin

Greater Philadelphia Regional Coordinator

Hello SNAP Members! I am a junior at Temple University in the College of Public Health and the Honors College, and I am beyond excited to have been elected to serve as your Central Philadelphia Regional Coordinator for this upcoming year. I have attended both SNAP convention and the David R. Ranck LEAD Workshop and am eager to bring what I have learned to the SNAP Board of Directors. I look forward to working with each university in my region and helping to make SNAP even better than it already is. I have been both a patient and student nurse under wonderful nurses and am extremely passionate about the profession and extending SNAP's legacy.



As an active member in Temple University's SNAP chapter, I have had the opportunity to attend community service events, career fairs, and leadership seminars on campus, however, attending convention in November was unlike any other experience that SNAP has provided me. I had the pleasure of meeting incredible nursing students from across Pennsylvania while also taking hold of the opportunity presented to me to not only run, but be elected to the state board.

This year, I plan to help organize region-wide, and possibly even inter-regional, events to widen the network of nursing students. I would also like to work with each of the chapter presidents in the Central Philadelphia Region in order to hold a large-scale fundraiser to benefit a non-profit organization in our area. I will be available to aid in any way needed within the region and would love to attend general SNAP meetings at each chapter. I understand that each SNAP chapter is unique, and I look forward to working with each one.

I am eager to help provide the best experience possible to every student. Please do not hesitate to make your voice heard! I hope everyone has a wonderful semester, and I look forward to working with the Central Philadelphia region and meeting many more of you at this year's LEAD Workshop in March and our 66th Annual SNAP Convention in November!

South East Coordinator's report continued from Page 7

outcomes. As such, I am looking forward to attending the David R. Ranck LEAD Workshop March 24th-25th and I encourage you to register. It is an extraordinary opportunity to learn and develop leadership skills, as well as, meet and collaborate with fellow students and aspiring nurse leaders.

I can't wait to hear what your chapters are doing, and I am ready to assist you in any way that I can. If you have questions, concerns, community outreach ideas, or leadership opportunities at your schools, please reach out at any time. I want to unify us as a region, as members of SNAP, and as future nurses.

Meet your NEC West Representative

Stacy Riggle

SNAP Nominations & Elections Committee West and Chair



I am Junior at Citizens School of Nursing in New Kensington, PA. I am a mother of one, stepmother of five, and grandmother of two! I had a 25 year career as a medical office manager/Medical Assistant and chose to expand my education and fulfill a lifelong dream of becoming a registered nurse. My leadership experience started many years ago while being involved with 4-H, multiple

school offices and it has continued throughout the years including being a cheerleader coach, fire department auxiliary secretary, PTA officer and coordinator of many events, as well as managing employees of many different ages.

I am looking forward to serving as the NEC West representative as well as the NEC Chairperson. My main goal for this year is to fill the ballot for the 2018 elections with energetic young leaders who can encourage excitement for the SNAP membership. I plan to do this by getting more specific information to potential candidates about the positions that are available as well as incorporating the information on the SNAP website and making it more user friendly.

Meet your NEC East Representative

Brett Swiecinski

SNAP Nominations & Elections Committee East

Happy New Year to all my fellow Pennsylvania student nurses! I am eager and excited to get to work as your Nominations and Elections Committee representative for the East region and look forward to answering any questions you may have about running for an office.

If you would have told me I would be a nursing student 10 years ago, I would not have believed you. At the time, I was finishing up my first semester at Pennsylvania State University, University Park, as a Biology student. After graduating, I found a passion of working in the hospitality field, and worked as a manager for restaurants and catering services. I felt like something was missing in my life and decided to research a possible move back into the medical field. My mother, who was a surgical post op nurse at Children's Hospital of Philadelphia, inspired me to look at the nursing field. I am now a freshman at Roxborough Memorial Hospital School of Nursing and am excited to see where this new profession takes me.

As we ring in the new year, I look forward to tackling the new semester and learn as much as possible. Since it is the time of year to make resolutions, I hope everyone uses this time as chance to do something new or different. If you tend to cram and procrastinate before tests, try to spend a little more time each day studying and reading. Maybe this is the year that you finally try to put together the charity event that you have been planning. It could even be the year that you finally decide that you are going to volunteer first at your clinical site.

As for me, I hope to serve you well as your NEC East representative. I hope to meet and interact with new friends and faces at the LEAD workshop in March. I plan to seek out new opportunities through externships and advanced nursing classes in the summer. Lastly, I plan to spend whatever free time I may have with family, who have been my biggest cheerleader. Have a great semester and I look forward to meeting you!



CONVENTION HIGHLIGHTS



13 teams competed in the SCORE Challenge Bowl. Drexel's team was crowned the 2017 Champions! They look pretty happy, don't they?

CONGRATULATIONS!



Marcus Henderson, SNAP President 2015-2017, opened the SNAP House of Delegates on Thursday, November 16th. Over 700 nursing students attended the convention at Kalahari Resorts, which was an outstanding venue for our convention.



The SNAP Awards Banquet was the highlight of the convention. Kalahari presented this beautiful anniversary cake that was enjoyed by all!



Alecia Schneider Fox, PhD, RN, was awarded the SNAP Distinguished Service Award for her decades of service to the organization.



The most prestigious yearly award given, the SNAP Honorary Member Award, was presented to Geisinger Health for their continued support of this organization by being our Champion Sponsor, which financially supports many events and activities throughout the year.

SNAP 65th Annual Convention

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CONVENTION HIGHLIGHTS



A perennial favorite with convention attendees, Melissa Mastorovich, DNP, RN, presented her NCLEX workshop on both Thursday and Friday. Melissa also gave each member of the SCORE Challenge Bowl winning team a copy of the STAT Nursing review book, "Good Thinking".

SNAP was extremely pleased to welcome back, Sandra Gomberg, MSN, RN, as our Keynote Address speaker. Sandy served as SNAP president for two terms and went on to be a leader in the healthcare industry, including serving as CEO of Temple University Hospital.



Student Nurses'
Association
of
Pennsylvania

SNAP was pleased to present a special award, SNAP Lifetime Achievement Award, to Dr. Gloria Donnelly, Professor & Dean Emerita of Drexel University's College of Nursing & Health Professions. Dr. Donnelly was instrumental in Drexel University's SNAP Chapter being the largest chapter in the NSNA for many years, and has supported both faculty and students to attend state and national events.

The culmination of the convention, and perhaps the most exciting time, is the announcement of the newly elected SNAP Board of Directors and Nominations and Elections Committee (NEC). SNAP thanks all members who took the challenge to run for an office and wishes the best to the 2017-2018 Board and NEC.





Because this was an historic event, being the 65th Anniversary Convention, many past SNAP presidents and leaders met on Friday evening to reminisce and renew their resolve to support the organization where they began their leadership journey. Plans are being made to continue to hold events for SNAP alumni at future conventions.

CONVENTION FUN!



The SNAP Board had some time after the banquet to celebrate a great year by lifting up Marcus Henderson, as they did throughout the year. This board worked throughout their term to make this organization meaningful for the members. They worked hard and also played hard, and truly enjoyed their time together. Now many of them can join the SNAP alumni group to keep supporting the organization.

Members who attended the convention had a great time, which is beautifully depicted in this photo! There is truly something special that happens when you attend the SNAP and/or NSNA Conventions! Make plans now to join us at the NSNA Convention in Nashville in April 2018!





The SNAP Board held a Penny Wars, with the regional coordinator who received the most money having the opportunity to "pie" Marcus Henderson, SNAP President, at the end of convention. All monies received were donated to the NSNA Disaster Fund.

Jenna Kessler, SNAP Central Philadelphia Regional Coordinator 2016-2017, won the opportunity to "pie" Marcus Henderson, as the rest of the board and attendees cheered her on! Marcus was a very good sport because he knew the funds received in this contest were going to a good cause.





SNAP 66th Annual Convention

November 14—17, 2018 Harrisburg Hilton & Towers Harrisburg, PA



SNAP 67th Annual Convention

November 20—23, 2018 Lancaster Marriott at Penn Square Lancaster, PA

David R. Ranck



The 12th Annual LEAD WORKSH

This workshop is designed for emerging leaders from Pennsylvania's local chapters to gain leadership and development skills. Ideally, participants will be freshmen or sophomores. Each school may send a total of six (6) students, and registration is on a first come - first served basis, for a maximum of 60 participants.

The SNAP Board of Directors is pleased to invite freshmen and sophomore SNAP members (attendees must belong to NSNA/SNAP) to this event, and we want to thank UPMC PINNACLE for hosting and sponsoring this event once again, providing our meeting rooms and meals on Saturday and Sunday!

March 24 & 25, 2018



merging Leader



SNAP

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FOR UPDATED INFORMATION



And the winner 2017 is . . .



Included in photo are representatives Maryann Krobath and Valerie Kocher, Lehigh Valley Health Network, Drexel University Team members (in no particular order) Rebekka Rosen, Thomas Forney, Ashley Hur, Marisa Stephens, Lindsey Kobayashi and Sarah Sutherland, Melissa Mastorovich and Marcus Henderson, immediate past SNAP President.

Drexel University! Congratulations!